

I Hope You Find It!

COPPERKNOB
BY STEPHEN HETS

拍数: 32 墙数: 2
编舞者: Niels Poulsen (DK) - October 2013
音乐: I Hope You Find It - Cher : (iTunes)



Intro: 16 count intro (14 secs. into track). Start with weight on L foot

Sequence: Intro, 32, Tag 1, 32, Tag 2, 32, Tag 1, 32, Tag 2, 32, 32.

Ending: You automatically finish at 12:00 after your back rock in the last section. Walk RLR slowly fwd

[1 – 8] Back R, coaster cross, side rock cross, side L with ½ spiral sweep, side rock, syncopated jazz box ¼ R

1, 2&3 Step R back (1), step L back (2), step R next to L (&), cross L over R (3) 12:00
&4& Rock R to R side (&), recover weight to L (4), cross R over L (&) 12:00
5 – 7 Step L to L side turning ½ R on L and sweeping R fwd (5), rock R to R side (6), recover L (7) 6:00
&8& Cross R over L (&), turn ¼ R stepping back on L (8), step R to R side (&) 9:00

[9 – 16] Cross rock, side, cross, ¼ R, ½ R, step ½ turn R, walk L, step ½ L X 2

1 – 2& Cross rock L over R (1), recover back on R (2), step L a small step to L and slightly back (&) 9:00
3&4 Cross R over L (3), turn ¼ R stepping back on L (&), turn ½ R stepping fwd on R (4) 6:00
&5 – 6 Step fwd on L (&), turn ½ R onto R (5), walk L fwd (6) 12:00
7&8& Step fwd on R (7), turn ½ L onto L (&), step fwd on R (8), turn ½ L onto L (&) 12:00

[17 – 24] ¼ L into basic, side rock cross, ¼ L, ½ L sweep, jazz, cross rock

1 – 2& Turn ¼ L stepping R a big step to R side (1), step L behind R (2), cross R over L (&) 9:00
3&4 Rock L to L side (3), recover on R (&), cross L over R (4) 9:00
&5 – 6 Turn ¼ L stepping R back (&), turn ½ L stepping L fwd with a R sweep (5), cross R over L (6) 12:00
7&8& Step back on L (7), step R to R side (&), cross rock L over R (8), recover weight to R (&) 12:00

[25 – 32] Lunge L, L twinkle, cross, ¼ R with ¼ sweep, R back rock, run R L, rock R fwd

1 – 2 Rock L to L side dipping in L knee and straightening you R leg/foot (1), recover on R (2) 12:00
3&4 Cross L over R (3), rock R to R side (&), recover on L (4) 12:00
&5 Cross R over L (&), turn ¼ R stepping back on L and sweeping R another ¼ R (5) 6:00
6&7& Rock back on R (6), recover fwd to L (&), run R fwd (7), run L fwd (&) 6:00
8& Rock fwd on R (8), recover back on L (&) 6:00

Tag 1 – (16 counts consisting of 2 X 8 which are identical – happens twice and facing 6:00 each time)

[1 – 8] Back rock, step ¼ L, weave with sweep, L sailor ¼ L, run R L, rock fwd R

1&2& Rock back on R (1), recover L fwd (&), step R fwd (2), turn ¼ L onto L (&) 3:00
3&4 Cross R over L (3), step L to L side (&), cross R behind L sweeping L to L side (4) 3:00
5&6 Turn ¼ L crossing L behind R (5), step R next to L (&), step L fwd (6) 12:00
7&8& Run R fwd (7), run L fwd (&), rock R fwd (8), recover back on L (&) 12:00

[9 – 16] Back rock, step ¼ L, weave with sweep, L sailor ¼ L, run R L, rock fwd R

1&2& Rock back on R (1), recover L fwd (&), step R fwd (2), turn ¼ L onto L (&) 9:00
3&4 Cross R over L (3), step L to L side (&), cross R behind L sweeping L to L side (4) 9:00
5&6 Turn ¼ L crossing L behind R (5), step R next to L (&), step L fwd (6) 6:00
7&8& Run R fwd (7), run L fwd (&), rock R fwd (8), recover back on L (&) 6:00

Tag 2 – 4 counts (happens twice and facing 12:00 each time)

[1-4] Back R, L mambo step back, R rock step fwd

1, 2&3 Step back on R (1), rock back on L (2), recover fwd to R (&), step fwd on L (3) 12:00

4& Rock fwd on R (4), recover weight back to L (&) 12:00

ENJOY! And... SING ALONG!!!!!!..... It's such a great sing-a-long track...

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