

# Kickin' In

**COPPER KNOB**  
STEPSHETS

拍数: 32      墙数: 4      级数: Improver / Intermediate  
编舞者: Fred Whitehouse (IRE) - October 2013  
音乐: Kickin' In - Adam Lambert



## [1-8] RIGHT WEAWE, HIP BUMP X 2

1-2            Step RF to right side, step LF behind RF  
&3&4        Step RF to right side, cross LF over RF, push hips forward and back  
5-6            Step RF to right side, step LF behind RF  
&7&8        Step RF to right side, cross LF over RF, push hips forward and back (12:00)

## [9-16] STEP TOUCH X 3, RUN, RUN, RUN

1-2            Step RF to right side, touch LF beside RF  
3-4            Turn 1/4 left stepping LF to left side, touch RF beside LF (9:00)  
5-6            Turn 1/4 left stepping RF to right side, make 1/4 turn left, touch LF beside RF facing (3:00)  
7&8            Turn 1/2 left, walking LF,RF,LF (9:00)

## [17-24] WALK, WALK, SHUFFLE X 2

1-2            Walk forward RF,LF (9:00)  
3&4            Step RF forward, lock LF behind RF, step RF forward  
5-6            Walk forward LF,RF  
7&8            Step LF forward, lock RF behind LF, step LF forward

## [25-32] CROSS BACK, TRIPLE HOP, CROSS BACK WITH TOUCH

1-2            Cross RF over LF, turn 1/4 right stepping LF back (12:00)  
3&4            Turn 1/4 right, bringing feet together, making 3 mini hops to the right (3:00)  
5-6            Cross LF over RF, turn 1/4 left stepping RF back  
7-8            Turn 1/4 left, step LF to left side, touch RF beside LF

**Start Again**

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