

Man of My Dreams

COPPER KNOB
BY STEPHEN

拍数: 48 墙数: 2 级数: Advanced NC2S
编舞者: Simon Ward (AUS) & Adrian Lefebour (AUS) - August 2013
音乐: All-American Boy - Steve Grand : (Album: All-American Boy - Radio Edit Version)



Notes: Intro 16 counts, Restarts on Walls 2,3,4 & 5

[1-8&] L back & sweep, R behind. ¼ L, ¼ L hitch, Jazz box, Cross R, L side, Recover, Cross L, ¼ L, ¼ L

- 1-2& Step left back & behind right sweeping right back, Step right behind left, Step left to left turning ¼ left 9.00
- 3-4& Make a further ¼ turn left & step right to right hitching left 6.00, Cross/step left over right, Step right back
- 5-6& Large step on left to left, Cross/step right over left, Rock/step left to left side
- 7&8& Recover onto right, Cross/step left over right, Step right to right turning ¼ left 3.00, Step left back turning ¼ left 12.00

[9-16&] Cross L & sweep, Cross L, R side, L behind & sweep, R behind, 1/8 L, ½ L, Back x 3, L fwd, Full turn L

- 1-2& Cross/step right over left sweeping left forward, Cross/step left over right, Step right to right
- 3-4& Step left behind sweeping right back, Step right behind left, Step left to left turning 1/8 turn left 10.30
- 5&6 Make a further ½ turn left on left & step right back 4.30, Step left back, Rock/step right back
- 7&8& Recover weight forward on left, Step right forward turning ½ turn left 10.30, Step left back turning ½ turn left 4.30, Step right slightly across left facing 6.00

[17-24&] L Basic, 1/8 R, Rocking chair 1/8 R, ¼ R & step R, Full turn L, L basic

- 1-2& Step left to left side, Rock/step right behind left, Recover weight onto left
- 3&4& Step right slightly to right turning 1/8 right 7.30, Rock/step left forward, Recover back on right, Step left back turning a further 1/8 turn right 9.00
- 5-6& Turn a further ¼ turn right & step right to right 12.00, Step onto left turning ¼ left 9.00, Step right forward turning ½ turn left 3.00
- 7-8& Make a further ¼ turn left & step left to left side 12.00, Rock/step right behind left, Recover weight onto left

[25-32&] Step R ¼ R & sweep, Jazz box semi-circle, Coaster Step, L fwd ¼ L, Point R, Hold, Cross R, ¼ R, ¼ R, 1/8 R L fwd recover

- 1-2& Step right to right turning ¼ right sweeping left forward 3.00, Cross/step left over right, Step right back slightly on right diagonal
- 3&4& Step left slightly back, Step right back, Step left beside right, Step right forward
- 5&6& Step left forward, Turn ¼ left pointing right toe to right side 12.00, Hold, Cross/step right over left
- 7&8& Step left to left turning ¼ right 3.00, Step right back turning a further ¼ turn right 6.00, Turn a further 1/8 right rocking left forward 7.30, Recover back on R

****Restart on Wall 3 & 5****

[33-40&] L back drag R, R behind, L side, Cross R, Back L, Step R, Cross L, Back R, L side, 1/8 L R fwd, Pivot ½ L, R fwd, Back L,R

- 1-2& Step left slightly back dragging right back 7.30, Step right behind left turning 1/8 left 6.00, Step left to left side
- 3&4& Cross/rock right over left (facing 4.30), Recover back on left, Step right slightly to right side (facing 6.00), Cross/rock left over right (facing 7.30)
- 5&6& Recover back on right, Step left slightly to left side (facing 6.00), Turn 1/8 left & step right forward (4.30), Pivot ½ turn left taking weight onto left 10.30
- 7-8& Rock/step right forward 10.30, Step left slightly back, Step right slightly back

****Restart on wall 4****

[41-48] L back & sweep, R behind, L side ¼ L, R fwd, Pivot ½ L, R fwd, L beside R, Rock R fwd, Back L, R back ¼ L, L side, Sway R

1-2& Step left slightly back to face 12.00 sweeping right back, Step right behind left, Step left to left turning ¼ turn left 9.00

3&4 Step right forward, Pivot ½ turn left taking weight onto left [3.00], Step right forward,

****Restart on Wall 2****

& Step left beside right

5-6& Rock/step right forward, Recover back on left, Step right slightly back turning ¼ turn left 12.00

7-8 Complete ¼ turn left stepping left to left side 12.00, Sway body and weight to right taking weight onto right

Restarts:

Wall 2 – On count 44, Make a ¼ turn L stepping onto R to Restart (Front Wall)

Wall 3 – On count 32& (Back Wall)

Wall 4 – On count 40& (Back Wall)

Wall 5 – On count 32& (Front Wall)

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