# High Time For Getting Down



拍数: 32 墙数: 4 级数: High Beginner

编舞者: GYTAL (USA) - October 2013

音乐: High Time for Gettin' down - Travis Tritt



#### Hip (or Knee Rolls)

1-4 Roll R hip, Roll L hip (or Knees)5-8 Roll R,L,R,L hip (or Knee)

#### Vine R with a touch, Vine L with 1/4 turn L, scuff

9-12 Step R to R, step L behind R, Step R to R, Touch L
13-16 Step L to L, Step R behind L, Step L 1/4 turn to L Scuff R

#### 1/2 turn 1/2 turn, Back back back Hitch

17-18 step R forward turn 1/2 turn to L 19-20 Step R forward turn 1/2 turn to L

### (Variation for 17-20 Rocking Chair for those who care not to turn)

21-24 Walk back R, L, R, Hitch L

## Diagonal L-Step, Lock, Step Scuff, Jazz Box

Step L, diagonal to L, cross R behind L, Step L, Scuff R
 Cross R over L, Step back on L, step R next to L, Step L

#### Repeat

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