

A Man Apart

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 4 级数: Intermediate
编舞者: Sandy Kerrigan (AUS) - October 2013
音乐: It Only Hurts When I Cry - Raul Malo : (Album: After Hours - iTunes)



Dance Starts on lyrics: The Only Time I Feel The "Pain" – (facing R45°) wt on L
Version 1:00 – [BPM: 170] Track Length 2:44

Right Diagonal Fwd Shuffle, Step Fwd, Point, Back, 3/8th Fwd, Shuffle Fwd 9:00

1 & 2 Step Fwd R to Front R45°, Step L next to R, Step Fwd R
3 4 5 Step Fwd L, Point R Fwd to Front R45°, Step Back on R,
6 7 & 8 Step Fwd L to Face 9:00 wall, Step Fwd R, Step L next to R, Step Fwd R

Step Fwd ½ Pivot, Shuffle Fwd, Cross, Point, Cross, Point 3:00

1 2 3 & 4 Step Fwd L, Pivot ½ Turn R, Step Fwd L, Step R next to L, Step Fwd on L
5 6 7 8 Cross R over L, Point L to L Side, Cross L over R, Point R to R Side 3:00
(On the points you can click back behind the body)

R Kick Ball Cross, ¼ Back, Step Side, Cross, Side, R Sailor Step 12:00

1 & 2 Kick R to R 45°, Step Ball of R Back behind L, Cross L over R
3 4 5 6 Turn ¼ L-Step Back on R, Step L to L Side, Cross R over L, Step L to L
7 & 8 Cross Step R Behind L, Step L to L Side, Step R to R Side

Cross, ¼ Back, ¼ Step Side, Point Side, ¼ Fwd, ½ Back, R Side Shuffle 3:00

1 2 3 4 Cross L over R, Turn ¼ L-Step Back on R, ¼ L-Step L to L, Point R to R Side
5 6 Turn ¼ R-Step Fwd R, Turn ½ R-Step Back on L
7 & 8 Step R to R, Step L next to R, Step R to R**

(For the Restart-omit the Shuffle,(7) Step R to R,(8) Step L next to R
Restart facing 12:00-this happens in wall 4)

(Syncopated V-step with heel action) Out, Out, Back, Tog, Out, Out, Ball Cross, Step Side, Behind, Side, Cross 3:00

1 2 Step L Heel Out Fwd, Step R Heel Out Fwd (heel apart)
& 3 Step L to Back to Centre, Step R next to L,
& 4 Step L Heel Out Fwd, Step R Heel Out Fwd
& 5 6 Step Back on Ball of L, Cross R over L, Step L to L Side
7 & 8 Cross R behind L, Step L to L, Step/Cross R over L

½ Monterey Turn L, Point R to R, Cross, ¼ Back, ¼ Side, Left Diagonal Fwd Shuffle

1 2 3 4 Point L to L Side, ½ Turn L-Step L next to R, Point R to R Side, Cross R over L
5 6 Turn ¼ R-Step Back on L, ¼ R-Step R to R Side 3:00
7 & 8 Step L Fwd to face Side R45°, Step R next to L, Step Fwd L

[48]

Note: There is one restart wall 4 @ this marker** 32 counts, as above.

Tom Silberman this dance is for you, Raul's larger than life fan.

Contact: <http://www.kerrigan.com.au/> - lassoo@optusnet.com.au - 0412 723 326