Dig Two



编舞者: Jean Welser (USA) - October 2013 音乐: Better Dig Two - The Band Perry



16 count lead-in

Alternate song choices: "Pirate Flag" (K. Chesney) and "Cruise" (Florida-Georgia Line) (In alternate songs, dance is performed with one Pattern A alternating with one Pattern B and no Tags or Restarts)

PATTERN A – 32 COUNTS	
1-2,3-4	½ Monterey to right – Rt. foot out to side & return while making ½ turn, left foot to side and return
5-6,7-8	Heel touches – Right heel touch in front and step back in place, left heel touch in front & return in place
1-2,3-4	Toe touches – Rt. toe touches behind left foot & steps back in place, left toe touches behind rt. foot & returns
5-7,8	Stomps – 3 stomps with right foot and hold for count 8
1-2,3-4	½ Monterey to right – As above, returning to original wall
5-6,7-8	Heel touches – As above
1-2,3-4	Strutting jazz box right – Rt. cross over left, left step out to side
5-6,7-8	quarter turn to right while stepping right, left in place
PATTERN B – 48 COUNTS	
1-3,4-8	Vine in/out right – Vine to right 3 steps (r,I,r), then 5 quick out-in-out steps with left foot
1-3,4-8	Vine in/out left – Vine to left 3 steps (I,r,I), then 5 quick out-in-out steps with right foot
1-3,4	Triple forward right – Shuffle/triple right, left, right, hold one count
5-7,8	Triple forward left - Shuffle/triple left, right, left, hold one count
1-3,4	Turn left – ½ turn to left using 3 steps (r,l,r) and hold one count
5-7,8	Turn right – ½ turn to right using 3 steps (I,r,I) and hold one count
1-4	Right heel hitch –Right heel touch forward, left heel lifts and sets down as right foot hitches, right heel touches
down, left heel lifts and touches down	
5-7,8	Stomps – Three stomps – right, left, right - and hold one count
1-4	Left heel hitch - as above starting with left heel touching forward and right heel lifting and setting down
5-7,8	Stomps – Three stomps – left, right, left – and hold one count

SEQUENCE LIST*

A, Tag 8, A, Tag 3

B, Tag 8, A, Tag 3

B, hold 2 beats, A

B (first 40 counts only – no left heel hitch)

A, Tag 3

B (first 32 counts only)

B (first 32 counts only)
A (first 16 counts only, slowly)

*NOTE: -

All 8 count Tags are performed as stomps - two stomps right, two left, two right, two left. All 3 count Tags are also performed as stomps, but all 3 stomps are on right foot.

digtwover4 3/13