

My Number

COPPER KNOB
BY STEPHEN T. S.

拍数: 32 墙数: 4 级数: Improver
编舞者: Aiden Fryer (UK) - October 2013
音乐: My Number - Foals



Start dance Start on vocal. 32 counts On Word "You"

ROCK FORWARD RECOVER SHUFFLE ½ SHUFFLE ½ ROCK BACK RECOVER

1-2 Rock forward on right recover on left
3&4 Shuffle ½ over right shoulder stepping right , left next to right stepping on right
5&6 Shuffle ½ over right stepping back on left , bring right next to right , step on left.
7-8 Rock back on right foot, recover onto left.

STEP POINT CROSS POINT, JAZZBOX ¼ TURN WITH CROSS

1-2 Step forward on right point left toe to left side
3-4 Cross left over right point right toe to right side
5-6 Cross right over left, step back on left making ¼ turn over right shoulder
7-8 Step right foot to right side , cross left over right

CHASSERIGHT ROCK BACK . ¼ STEP ½ SHUFFLE ½

1&2 Step right to right side , left next to right, right to right side
3-4 Rock back on left foot, recover on right
5-6 Make ¼ turn step on left foot, make ½ turn over right shoulder step back on right foot
7&8 Shuffle ½ turn over left shoulder stepping left forward, right next to left , left foot forward

STEP ½ HITCH LEFT KNEE, LEFT SHUFFLE, 1/4 STEP ½ STEP

1-2 Step forward on right , ½ turn over left shoulder , hitch left knee
3&4 Make a left shuffle forward, stepping left forward, right next to left, left foot forward
5-6 Make ¼ turn to right stepping on right foot, make a ½ turn on left foot over right shoulder
7-8 Step on right foot, step on left foot.

RESTART AFTER COUNTS 16 COUNTS WALL 5

www.aidenfryerdance.moonfruit.com - Aiden Fryer Dance Choreography