

All I Wanna Do

COPPER KNOB
BY STEPHEN METZ

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Alison Metelnick (UK) & Peter Metelnick (UK) - September 2013
音乐: All I Wanna Do - Heidi Newfield



Start after 16 count intro approx. 15 secs in on the word 'hands' when she sings 'lay your gentle hands'
[72 bpm – 4mins 14secs - iTunes, Amazon US]

[1-9] L NC basic, ¼ R, ½ R, ¼ R, L side point, ¼ L step, ½ L sweep & step R fwd, L fwd lock step

1-2&3 Step L side, rock R back, recover weight on L, turning ¼ right step R forward (3 o'clock)
4&5 Turning ½ right step L back, turning ¼ right step R side (anchor weight), point L side (12 o'clock)
6-7 Turning ¼ left place weight on L, sweep R counter clockwise ½ left stepping forward on R (3 o'clock)
8&1 Step L forward, lock R behind L, step L forward

Harder option: on counts 8&1 you can do a full turn to the right

[10-16] R fwd rock/recover, ½ R, ½ R, ¼ R, L cross rock/recover/side, R cross rock/recover/side/cross

2&3 Rock R forward, recover weight on L, turning ½ right step R forward (9 o'clock)
4& Turning ½ right step L back, turning ¼ right step R side (6 o'clock)
5-6& Cross rock L over R, recover weight on R, step L side
7&8& Cross rock R over L, recover weight on L, step R side, cross step L over R

[17-24] R NC basic, ¼ L, R fwd, ½ L pivot, R fwd/tap/step back, R back/tap/step fwd

1-2&3 Step R side, rock L back, recover weight on R, turning ¼ left step L forward (3 o'clock)
4& Step R forward, pivot ½ left (9 o'clock)
5&6 Step R forward, tap L together, step L back
&,7&8 Sweep R around as you step R back, tap L together, step L forward (extended 5th)

[25-32] ½ L, ½ L, R fwd mambo, L sweeping behind/side/cross, R sway & recover, R behind/side/cross

&1 Turning ½ left step R back, turning ½ left step L forward (9 o'clock)

Easy option: Walk forward right, left

2&3 Rock R forward, recover weight on L, step R back
4&5 Sweep & step L behind R, step R side, cross step L over R
6 Step R to right & sway hips to the R
7& Recover weight on L, cross step R behind L
8& Step L side, cross step R over L

FINAL WALL BIG ENDING: WALL 9

1-20 Dance as written for the first 20 counts and then add the following:
&21 Pivot ¼ left, cross step R over L & strike a pose!

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