

# Always In My Heart

COPPERKNOB  
STEPSHEETS

拍数: 64      墙数: 2      级数: Intermediate Slow & smooth NC2S  
编舞者: Peter Davenport (ES) - October 2013  
音乐: Only You Can Love Me This Way - Keith Urban : (4:08)



**16 Count Intro, Approx 15 seconds, Start just before he sings "Well I know there's a reson"**

## **Step Back R.L.R, ½ L, Mambo ½ R, Step ¼ Cross, ¼ L, ½ L, ¼ L Slide**

1                    Step back on R [12]  
2&3                Step back on L.R, ½ L step on L [6]  
4&5                Rock forward on R, Recover on L ½ R step on R [12]  
6&7                Step forward on L, Pivot ¼ R, Cross L over R [3]  
8&1                ¼ L step back on R, ½ L step L to L, ¼ L long step to L with R [3]

## **NC2 Step, Rock ¼ R, Step ¾ R, Behind ¼ L Step**

2&3                Rock L behind R, Recover on R, Long step to L with L [3]  
4&5                Rock R behind L, Recover on L, ¼ R step on R [6]  
6&7                Step ¾ R, Step L to L [3]  
8&1                Cross R behind L, ¼ L step on L, Step on R [12]

## **Forward & Side & Rock Back & Step, Sailor ¼ R, Forward Coaster**

2&3&              Rock forward on L, Recover on R, Rock out on L, Recover on R [12]  
4&5                Rock L behind R, Recover on R, Step L to L [12]  
6&7                Sailor ¼ R [3]  
8&1                Step L forward, Bring R to L, Step back on L [3]

## **Rock Replace, Shuffle ½ L, Step, ½ R, Step ¼ Cross**

2                    .3 Rock back on R, Recover on L [3]  
4&5                Shuffle ½ L, R.L.R [9]  
6                    .7 Step back on L, ½ R step on R [3]  
8&1                Step on L, Pivot ¼ R, Cross L over R [6]

## **Sway, Sway, Full Rolling Turn R, Cross Back, ¼ L Shuffle**

2                    .3 Step R to R & Sway R.L (prep body for full turn) [6]  
4&5                Full turn R, ¼ ½ ¼ [6]  
6                    .7 Cross L over R, Step back on R [6]  
8&1                ¼ Shuffle, L.R.L [3]

## **¼ Step Scuff x 2, Rock Replace Step Back, Coaster, Touch ½ Sweep ¼ R**

2&3&              ¼ R step on R, 2. Scuff L, &. Step down on L, 3. Scuff R, & [6]

**(these steps are stroll steps in the words, I have added stroll scuff steps)**

4&5                Rock forward on R, Recover on L, Step back on R [6]

### **\*R/W2**

6&7                L coaster step [6]

8&1                Touch R toe back, ½ R step on R, ¼ R sweep L round [3]

## **Cross ¼ L, Shuffle ¼ L, Step ½ L Shuffle ½ Turn**

2                    .3 Cross L over R, 2. ¼ L step back on R 3. [12]

4&5                Shuffle ¼ L, L.R.L [9]

6                    .7 Step forward on R, Pivot ½ L [3]

8&1                Shuffle ½ L, R.L.R [9]

## **Coaster Step, & Step & Step, Mambo ½ R, ¼ R Side Touch**

2&3            L Coaster Step [9]  
&4&5           Step R forward ,&. Bring L to R, 4. Step R forward, & Bring L to R [9]  
**(these steps are like a small run forward with weight ending up on L)**  
6&7            Mambo  $\frac{1}{2}$  R, Rock forward on R, Recover on L,  $\frac{1}{2}$  R [3]  
8&               $\frac{1}{4}$  R step on L, Touch R to L [6]

**\*Restart Wall 2**

Dance up to and including counts 4&5 on section 6, count 5 is count 1. Restart the dance.

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