

# Feeling Good

**COPPER KNOB**  
STEPSHEETS

拍数: 32      墙数: 4      级数: Advanced  
编舞者: Jessica Wegmann (CH) - October 2013  
音乐: Feeling Good - Michael Bublé : (Album: It's Time - iTunes)



The dance begins immediately on the voice when the introduction is danced (optional).  
Or you may begin after the introduction (47 seconds) on the heavy beat.

## Introduction (optional)

The step phrases are initiated on certain words in the lyrics rather than on counts. Feel free to play with the slowing and accelerating of the steps in between the Word Cues.

### The step phrases:

- 1 - Step L across,  $\frac{1}{4}$  turn left stepping back onto R,  $\frac{1}{4}$  turn left stepping L to left side. (6 :00)
- 2 - Step R across (facing 4 :30), Sweep L round from back to front. (4 :30)
- 3 - Step L across (still facing diagonal), Step R back, Step L back, Step R across.
- 4 - Step L back Sweeping R from front to back and turning  $\frac{3}{8}$  turn right. (9 :00)
- 5 - Behind-side-cross (RLR).
- 6 - Step L to left side, Drag R towards L.
- 7 - Close R to L, Step L across,  $\frac{1}{4}$  turn left stepping R back,  $\frac{1}{2}$  turn left stepping L forward (12 :00)
- 8 - Step R forward, Sweep L from back to front.

### Here are the Word Cues :

Birds flying – 1st phrase  
high – 2nd phrase  
You know how I – 3rd phrase  
feel – 4th phrase  
Sun in the – 5th phrase  
sky – 6th phrase  
You know how I – 7th phrase  
feel – 8th phrase

Breeze driftin' on – 1st  
by – 2nd  
You know how I – 3rd  
feel – 4th  
It's a new – 5th  
dawn. 6th  
It's a new day – 7th  
It's a new life – 8th

for me – 1st & 2nd  
and I'm feeling – 3rd & 4th (continue another  $\frac{1}{4}$  turn right to square up to 12 :00)  
good – Step R to right side, Cross L over R, Unwind full turn right finishing with weight on L  
Go straight into main dance on the heavy beat.

### Main dance : 32 counts

Side Drag, Behind-Turn-Turn, Side Drag, Behind-Turn-Step,  $\frac{1}{2}$  Pivot, Step, Lock Step

- 1 Big Step R to right side dragging L
- 2&3 Step L behind R,  $\frac{1}{4}$  turn right stepping R forward,  $\frac{1}{4}$  turn right stepping Big Step L to left side dragging R (6 :00)
- 4&5 Step R behind L,  $\frac{1}{4}$  turn left stepping L forward, Step R forward (3 :00)

6-7                    ½ turn left onto L foot, Step R forward (9 :00)  
8&a                    Step L forward (8), Lock R behind L (&), Step L forward (a)

**Step Across, Side-Together, Cross, Side-Together, Cross, ¼ ¼, Step, Sweep-Cross**

1                    Step R across  
&2                    Step L to left side, Step R next to L  
3                    Step L across  
&4                    Step R to right side, Step L next to R  
5&6                    Step R across, ¼ turn right stepping L back, ¼ turn right stepping R to right side (3 :00)  
7-8&                    Step L forward (7), Sweep R from back to front, (8) Step R across (&)

**Nightclub Basic L, Nightclub Basic R, ¼ Prepare, 2 Full Turns**

1-2&                    Step L to left side, Close R behind L, Step L slightly across  
3-4&                    Step R to right side, Close L behind R, Step R slightly across  
5-6                    ¼ turn left stepping L forward, Step R forward preparing for right turns (12 :00)  
7&                    ½ turn right stepping L back, ½ turn right stepping R forward  
8&                    ½ turn right stepping L back, ½ turn right stepping R forward

**Kick & Touch & Touch & Kick, Out-Out, In-In, Ball-Scuff, Step Back**

1                    Kick L across  
&2                    Step L in place, Touch R next to L turning R Knee in  
&3                    Step R in place, Touch L next to R turning L Knee in  
&4                    Step L in place, Kick R across (\*Restart here on 2nd Wall)  
&5                    Step R to right side, Step L to left side (width of shoulders)  
&6                    Step R in, Step L in next to R  
&7                    Small step in place on Ball of R foot, Scuff L forward  
8                    Hitch and bring L foot through to step back on L  
&                    Turn ¼ right to begin new wall (3 :00)

**SMILE AND START DANCE AGAIN !**

**\* Restart on Wall 2 after 28 counts, facing 3 oclock**

Contact: [jessica.wegmann.k@gmail.com](mailto:jessica.wegmann.k@gmail.com)

---