

You and I

COPPER KNOB
STEPSHETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Audrey Watson (SCO) - September 2013
音乐: Were Gonna Be Alright - Justin Mcgurk : (CD: The Road Back - iTunes)



**** Floor Split with We're Gonna Be Alright ****

Intro: 32 Counts from the heavy beat. on main Vocals

Section One: Heel Strut, Side Rock x 2

1-2 Touch right heel fwd, drop right toes to floor.
3-4 Rock left to left side, recover weight on right.
5-6 Touch left heel fwd, drop left toes to floor.
7-8 Rock right to right side, recover weight on left.

Section Two: Mambo Hold, Run Back Hold.

1-2 Rock fwd on right, recover weight back on left.
3-4 Step back on right, hold for a beat.
5-6 Run back left, right.
7-8 Run back left, hold for a beat.

Section Three: Side Hold, Tog Hold, Chasse Touch.

1-2 Step right to right side, hold for a beat.
3-4 Step left next right, hold for a beat.
5-6 Step right to right side, close left next right.
7-8 Step right to right side, touch left next right.

Section Four: Side Touch x 2, Grapevine ¼ Turn Scuff.

1-2 Step left to left side, touch right next left.
3-4 Step right to right side, touch left next right.
5-6 Step left to left side, step right behind left.
7-8 Turn ¼ left stepping fwd on left, scuff right foot fwd.

Start Again

Finish dance at 3 min 17 seconds when the music fades.
