Limbo



拍数: 32

墙数:4

级数: Improver

编舞者: Darren Bailey (UK) & Fred Whitehouse (IRE) - September 2013

音乐: Limbo - Daddy Yankee

Intro: 64 counts (roughly 30s)

Basic Salsa steps, Forward R, Back L, R Side, L Side.

- 1&2 Rock forward on Rf, recover onto Lf, step Rf next to Lf
- 3&4 Rock back on Lf, recover onto Rf, step Lf next to Rf
- 5&6 Rock Rf to R side, recover onto Lf, step Rf next to Lf
- 7&8 Rock Lf to L side, recover onto Rf, step Lf next to Rf

Walk forward R, L, R, L, Mambo forward R, Salior 3/4 L.

- 1-2 Step forward on Rf, step forward on Lf
- 3-4 Step forward on Rf, step forward on Lf

(counts 1-4 should be danced shimming forward)

- 5&6 Rock forward on Rf, recover onto Lf, step Rf next to Lf
- 7&8 Make a 1/4 turn L stepping Lf behind Rf, make a 1/4 turn L stepping Rf forward, make a 1/4 turn L crossing Lf over Rf

Side, Close, R Cha Cha, Side, Close, L Cha Cha.

- 1-2 Step Rf to R side, close Lf next to Rf
- 3&4 Step Rf to R side, close Lf next to Rf, step Rf to R side
- 5-6 Step Lf to L side, close Rf next to Lf
- 7&8 Step Lf to L side, close Rf next to Lf, step Lf to L side

Cross & Side & Cross & Side, Pivot 1/2 R, Full turn R.

- 1&2& Cross rock R heel over Lf, recover onto Lf, Rock Rf to R side, recover onto Lf
- 3&4 Cross rock R heel over Lf, recover onto Lf, step Rf to R side
- 5-6 Step forward on Lf, make a 1/2 turn R
- 7&8 Make a 1/2 turn R stepping back on Lf, make a 1/2 turn R stepping forward on Rf, step forward on Lf

Tag: at end of walls 3,7. facing 3 o'clock and 9 o'clock

- 1-2 Pop R knee across L (wave both hands down and out to R), pop L knee across R (wave both hands down and out to L)
- 3-4 Pop R knee across L (wave both hands up and out to R) , pop L knee across R (wave both hands up and out to L)
- 5-6 Cross Rf over Lf, step back on Lf
- 7-8 Make a 1/4 turn R stepping Rf to R side, close Lf next to Rf

(counts 5-8 should be danced with a shimmy)

Repeat the above 8 counts again.

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