

Raise 'Em Up

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Carl Sullivan (AUS) - September 2013
音乐: Raise 'Em Up (feat. Eric Church) - Keith Urban : (Album: Fuse)



Pattern: Each Sequence Turns ¼ Left

Intro : 16 counts There is no music from 1:49-2:00, just keep dancing

&1-2&3 Rock-step R to R, Small step to L, R Sailor Step [12:00]
4&5-6 Step L behind R, Step R to R, Cross-rock L over R, Replace on R
7&8 ¼ L & Step L fwd, Step R beside L, ½ turn L onto L (Triple step 3/4)[3:00]

1&2 Rock-step R to R, Replace on L, Step R fwd in front of L (Samba)
3&4 Repeat above 2 counts with L foot (Samba)
5&6 Touch R heel fwd, Step R beside L, ¼ L & Touch L heel fwd [12:00]
&7-8 Step L beside R, Rock-step R back, Replace on L

Restart here on wall 2

1&2 Shuffle fwd R-L-R
3-4 Step L fwd, Pivot ½ turn R onto R dragging L towards R [6:00]
5&6 Step L back, Step R to R slightly back, Cross-step L over R
7&8 Side Shuffle R-L-R to R

1&2 Step L behind R, Step R to R, Cross-step L over R
3&4 Rock-step R to R, Replace on L, Cross-step R over L [3:00]
5-6 ¼ R & Step L back, ½ R & Step R fwd
7&8 Shuffle fwd L-R-L

1&2 Rock-step R fwd, Replace on L, Step R back
3&4 Step L back, ½ turn R & Step R fwd, Step L fwd [9:00]
5&6 Kick R fwd, Step R beside L, ¼ turn L & Step onto L [6:00]
7&8 Touch R heel fwd, Step R beside L, ¼ L & Touch L heel fwd [3:00]

&1-2 Step L beside R, Rock-step R fwd, Replace on L
3&4 ½ R & Step R fwd, Step L near R, ½ R & Step onto R (triple step full turn)
5-6 Step L fwd, Kick R fwd
7&8 Step R back on R diagonal, Step L across over R, Step R back

1-2 ½ L & Step L fwd, ¼ L & Step R to R side [6:00]
3&4 L Sailor Step**

Restart here on wall 4 with L coaster step

5&6 Step R behind L, Rock-step L to L, ¼ R & Step R slightly fwd (Sailor ¼ R) [9:00]
7&8 Rock-step L to L, Replace on R, Cross-step L over R (Samba)

1&2 Side Shuffle R-L-R to R (Option: Turning L back triple step travelling R)
3&4 L Sailor Step
5&6 Step R behind L, ¼ L & Step L fwd, Step R fwd [6:00]
7&8 Kick L fwd, Step L beside R, Touch R beside L

[64]

Restart:

On Wall 2 (6:00) dance 16 counts then restart

On Wall 4 dance 50 counts then:-

** 51&52 L back Coaster Step instead of the Sailor, Restart facing Wall [6:00]

Inspiration for the second half of this dance came from Michael Vera-Lobos's dance "Someone Like You"

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