Post Code Envy

拍数: 48

级数: Phrased High Intermediate

编舞者: Joey Warren (USA) - September 2013

音乐: Royals - Lorde

A - 32 counts

- A1: Walk, Walk, Anchor Side Step, Weave w/ Full Turn L, Triple Step in Place
- 1 2 Walk back R, Walk back L
- 3-&-4 Rock R back behind L, Recover down on L, Step R out to R

墙数:4

- 5&6& Step L behind R, Step R to R, Cross L over R, Step R to R
- 7-8&1 Full turn L raising L slightly off floor, Step down on L, Step R beside L, Step L slightly fwd toward L diagonal

A2: Cross Step, Rock & Cross, Step 1/2 Turn-Step, Rock & Cross Side Point Behind

- 2-3&4 Step R fwd across L, Rock L to L (square up to front), Recover R, Cross L over R
- &5 6 Small step fwd/out on ball of R, 1/2 Turn L stepping L fwd, Step R fwd
- 7&8&1 Rock L out L, Recover over on R, Cross L over R, Step R to R, Point L behind R

A3: 1/2 Turn Step Fwd, 1/4 Hip Bumps, Step Weave w/ Sweep, Behind Side Cross

- 2-3-4 1/2 Turn L stepping L fwd, 1/4 Turn L stepping R to R while bumping hips twice R
- 5-6&7 Step L out to L, Cross R over L, Step L out to L, Step R behind L while sweeping L out from front to back
- 8-&-1 Step L behind R, Step R out to R, Cross L over R

A4: R Side Shuffle, L Cross Shuffle, Side Step, ¼ Turn Step, ¼ Side & Cross

- 2-&-3 Step R out to R, Step L beside R, Step R out to R (make these small tight steps)
- 4-&-5 Cross L over R, Step R out to R, Cross L over R (same as these ^)
- 6 7 Step R out to R, 1/4 Turn R stepping L out to L
- 8 & 1/4 Turn R stepping out to R, Cross step L over R

B - 16 counts

B1: Side Touch-Side Touch, Step Lock Step x2 (R then L)

- 1&2& Step R to R, Touch L beside R, Step L to L, Touch R beside L
- 3&4& Step R fwd to R diagonal, Lock L behind, Step R fwd to R diagonal, Touch L to R
- 5&6& Step L to L, Touch R beside L, Step R to R, Touch L beside R
- 7&8& Step L fwd to L diagonal, Lock R behind, Step L fwd to L diagonal, Touch R to L

B2: Step 1/2 Turn, 1/4 Side Shuffle, Cross Rock Recover 1/4 Turn, R Chase Turn w/ L Step

- 1 2 Step R fwd with R hip leading, 1/2 Turn L stepping L fwd (L hip leading)
- 3-&-4 1/4 Turn L stepping R to R, Step L next to R, Step R out to R (use hips to lead)
- 5-&-6 Cross rock L over R, Recover back on R, 1/4 Turn L w/ small step fwd on L
- 7&8& Step R fwd, 1/2 Turn L stepping L fwd, Step R fwd, Step L slightly fwd

TAG (Happens 2 times....after your 2nd A, and your 4th A)

Step Touch, Cross Step Touch, Cross Step Touch, Cross Step Touch

- 1 2 Step R fwd/out to R, Touch L toe slightly in front of R (snap R finger)
- 3 4 Cross step L across R, Touch R toe out to R (snap R finger)
- 5 6 Cross step R across L, Touch L toe out to L (snap R finger)
- 7 8 Cross step L across R, Touch R out to R (snap R finger)

RESTART: (Happens after the 2nd time you do your Tag. Dance A up to count 24 with a slight change in that 8 count.)

1/2 Turn Step Fwd, 1/4 Hip Bumps, Step Weave w/ Sweep, Behind Side Cross



2-3-4 1/2 Turn L stepping L fwd, 1/4 Turn L stepping R to R while bumping hips twice R

5-6&7 Step L out to L, Cross R over L, Step L out to L, Step R behind L

8 - & Step L out to L (instead of a sweep), Tap R to beside L THEN RESTART into A

* When you go to Restart; instead of stepping back on R step it more out to side, then step back on the L as normal. Just makes it a little easier.

SEQUENCE: A, B, B, A, TAG, A, B, B, A TAG, A w/ Restart, A

Immediate start on the first beat of the song.....

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