

Blurred Lines

拍数: 96 墙数: 1 级数: Phrased Improver
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音乐: Blurred Lines (feat. T.I. & Pharrell) - Robin Thicke



Order parts: AA-B-AA-B-AA - AA-B-A

A: 32 counts

STEP TOUCH X2, SHUFFLE, CROSS-ROCK

1-2 Step right to side, touch left beside right
3-4 Step left to side, touch right beside left
5&6 Step right to side, slide left beside right (&), step right to side
7-8 Cross left behind right, recover weight on right

Repeat opposite footwork

SHIMY SHAKE ¼ TURNS

1-2-3-4 Start shaking shoulders while turning ¼ turn left Finish turning ¼ turn at the count of 4 (facing 9:00 wall)
5-6-7-8 Start shaking shoulders while turning ¼ turn right Finish turning ¼ turn at the count of 8 (facing 12:00 wall)

SIDE STEP WITH SHIMY SHAKE, HIP MOVEMENT

1-2 Step to right while shaking shoulders
3-4 Join both feet while doing rotation movement hips to right
5-6 Step to left while shaking shoulders
7-8 Join both feet while doing rotation movement hips to left

(Optional parts: you could step to side and do a squat, join both feet and rotation movement hips)

B: 64 counts

STEP FORWARD, HITCH HAND CLAP, STEP BACKWARD, TOUCH HAND CLAP

1-2-3 Step forward right, step forward left, step forward right
4 Lift left knee up and clapping hands together
5-6-7 Step backward left, step backward right, step backward left
8 Touch backward right toes and clapping hands together

CHARLESTON STEPS

1-2 Step forward right, touch left toes forward
3-4 Step backward left, touch right toes backward
5-6 Step forward right, touch left toes forward
7-8 Step backward left, touch right toes backward

Repeat the first 16 counts of part B, 1 more time

GRAPE WINE RIGHT AND LEFT

1-2-3 Step right to side, cross left behind right, step right to side
4 Touch left beside right
5-6-7 Step left to side, cross right behind left, step left to side
8 Touch right beside left

Repeat that part one more time

DIAGONAL STEPS FORWARD

- 1-2 Step right diagonal forward, slide left beside right
- 3-4 Step right diagonal forward, touch left beside right
- 5-6 Step left diagonal forward, slide right beside left
- 7-8 Step left diagonal forward, touch right beside left

DIAGONAL STEPS BACKWARD

- 1-2 Step right backward, slide left beside right
- 3-4 Step right backward, touch left beside right
- 5-6 Step left backward, slide right beside left
- 7-8 Step left backward, touch right beside left

Repeat AA-B-AAAA-B-A

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