We're Gonna be Alright

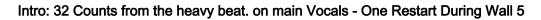
拍数: 64

级数: Improver

编舞者: Audrey Watson (SCO) - September 2013

墙数:4

音乐: Were Gonna Be Alright - Justin Mcgurk : (CD: The Road Back - iTunes)



Section One: Side Hold, Tog Hold, Scissor Step Hold.

- 1-2 Step left to left side, hold for a beat.
- 3-4 Step right next left, hold for a beat.
- 5-6 Step left to left side, step right next left.
- 7-8 Cross left over right, hold for a beat.

Section Two: Side Behind 1/2 Turn Hitch, Back Coaster Cross Hold.

- 1-2 Step right to right side, step left behind right.
- 3-4 Turn ¼ right stepping fwd on right, on ball of right turn ¼ right hitching left knee.
- 5-6 Step back on left, step right next left.
- 7-8 Cross left over right, hold for a beat.

Section Three: 1/4 Back Lock Step Hold, Back Rock 1/2 Turn Hold.

- &1-2 On the ball of left turn ¼ left, step back on right, cross left over right.
- 3-4 Step back on right, hold for a beat.
- 5-6 Rock back on left, recover fwd on right.
- 7-8 Turn ½ right stepping back on left Hold for a beat.

Section Four: ½ Turn Shuffle, Step ¼ Cross

- 1-4 Turning ¹/₂ right shuffle fwd on right, left, right, hold for a beat.
- 5-6 Step fwd on left, pivot ¼ right.
- 7-8 Cross left over right, hold for a beat.

Restart During Wall 5 - Change step 7 to touch left next right. Start Dance from Beginning Facing 6 O'Clock

Section Five: ¼ Monterey x 2

- 1-2 Touch right toe to right side, turn ¼ right stepping right next left.
- 3-4 Touch left toe to left side, step left next right.
- 5-6 Touch right toe to right side, turn ¼ right stepping right next left.
- 7-8 Touch left toe to left side, touch left next right.

Section Six: Grapevine ¾ Turn Hitch, Back Coaster Step Hold

- 1-2 Step left to left side, step right behind left.
- 3-4 Turn $\frac{1}{4}$ left stepping fwd on left, on ball of left turn $\frac{1}{2}$ left, hitch right knee.
- 5-6 Step back on right, step left next right.
- 7-8 Step fwd on right, hold for a beat.

Section Seven: Heel Strut, Side Rock x 2

- 1-2 Step left heel fwd, drop toes to floor.
- 3-4 Rock right to right side, recover weight on left.
- 5-8 Step right heel fwd, drop toes to floor.
- 7-8 Rock left to left side, recover weight on right.

Section Eight: Mambo Hold, Run Back Hold.

- 1-2 Rock fwd on left recover back on right.
- 3-4 Step back on left, hold for a beat.
- 5-6 Step back on right, step back on left.



7-8 Step back on right, hold for a beat.

Finish Dance at 3 minutes 17 Seconds - Music fades out