

We're Gonna be Alright

COPPER KNOB
STEPPERS

拍数: 64 墙数: 4 级数: Improver
编舞者: Audrey Watson (SCO) - September 2013
音乐: Were Gonna Be Alright - Justin Mcgurk : (CD: The Road Back - iTunes)



Intro: 32 Counts from the heavy beat. on main Vocals - One Restart During Wall 5

Section One: Side Hold, Tog Hold, Scissor Step Hold.

1-2 Step left to left side, hold for a beat.
3-4 Step right next left, hold for a beat.
5-6 Step left to left side, step right next left.
7-8 Cross left over right, hold for a beat.

Section Two: Side Behind ½ Turn Hitch, Back Coaster Cross Hold.

1-2 Step right to right side, step left behind right.
3-4 Turn ¼ right stepping fwd on right, on ball of right turn ¼ right hitching left knee.
5-6 Step back on left, step right next left.
7-8 Cross left over right, hold for a beat.

Section Three: ¼ Back Lock Step Hold, Back Rock ½ Turn Hold.

&1-2 On the ball of left turn ¼ left, step back on right, cross left over right.
3-4 Step back on right, hold for a beat.
5-6 Rock back on left, recover fwd on right.
7-8 Turn ½ right stepping back on left Hold for a beat.

Section Four: ½ Turn Shuffle, Step ¼ Cross

1-4 Turning ½ right shuffle fwd on right, left, right, hold for a beat.
5-6 Step fwd on left, pivot ¼ right.
7-8 Cross left over right, hold for a beat.

Restart During Wall 5 - Change step 7 to touch left next right. Start Dance from Beginning Facing 6 O'Clock

Section Five: ¼ Monterey x 2

1-2 Touch right toe to right side, turn ¼ right stepping right next left.
3-4 Touch left toe to left side, step left next right.
5-6 Touch right toe to right side, turn ¼ right stepping right next left.
7-8 Touch left toe to left side, touch left next right.

Section Six: Grapevine ¾ Turn Hitch, Back Coaster Step Hold

1-2 Step left to left side, step right behind left.
3-4 Turn ¼ left stepping fwd on left, on ball of left turn ½ left, hitch right knee.
5-6 Step back on right, step left next right.
7-8 Step fwd on right, hold for a beat.

Section Seven: Heel Strut, Side Rock x 2

1-2 Step left heel fwd, drop toes to floor.
3-4 Rock right to right side, recover weight on left.
5-8 Step right heel fwd, drop toes to floor.
7-8 Rock left to left side, recover weight on right.

Section Eight: Mambo Hold, Run Back Hold.

1-2 Rock fwd on left recover back on right.
3-4 Step back on left, hold for a beat.
5-6 Step back on right, step back on left.

7-8 Step back on right, hold for a beat.

Finish Dance at 3 minutes 17 Seconds - Music fades out
