

Rings And Roses

拍数: 32 墙数: 2 级数: Easy Intermediate
编舞者: George de Baat (NL) - February 2013
音乐: Take Your Roses And Your Rings - Wendell Roach



Jazz Box With Cross, Side Shuffle ¼ Turn R, Step, ½ Pivot R, Step, ½ Turn L 2x

1 RF cross over LF
& LF step backwards
2 RF step to rightside
& LF cross over RF
3 RF step to rightside
& LF close
4 RF ¼ turn right, step forward
5 LF step forward
& LF+RF pivot ½ turn right
6 LF step forward
7 RF pivot ½ turn left, step backwards
& LF pivot ½ turn left, step forwards
8 RF step forward

Mambo Step, Sailor Cross, Side Rock, ¼ Turn R, Step, Lock Step

1 LF rock forward
& RF recover
2 LF step next to RF
3 RF cross behind LF
& LF step to left side
4 RF cross over LF
5 LF side rock
& RF pivot ¼ turn right
6 LF step forward
7 RF step forward
& LF lock behind RF
8 RF step forward

Rock Fwd, Recover, Step Back, Lock Step Back Right & Left, Coaster Step

1 LF rock forward
& RF recover
2 LF step backwards
3 RF step backwards
& LF lock
4 RF step backwards
5 LF step backwards
& RF lock
6 LF step backwards
7 RF step backwards
& LF step next to RF
8 RF step forward

Scissor Step 2x, Side Rock, Back Rock, Sweep into ½ Sailor Turn L

1 LF side rock
& RF step next to LF

- 2 LF cross over RF
- 3 RF side rock
- & LF step next to RF
- 4 RF cross over LF
- 5 LF side rock
- & RF recover
- 6 LF backrock
- & RF recover
- 7 LF pivot ½ turn left with sweep, step backwards
- & RF step next to LF
- 8 LF step forward

Start Again

Contact: Baat52@hotmail.com
