

Past Midnight

拍数: 80 墙数: 4 级数: Phrased Advanced Funky
编舞者: Niels Poulsen (DK) - September 2013
音乐: Talk Dirty (feat. 2 Chainz) - Jason Derulo



Intro: 16 count intro (11 secs. into track). Start with feet apart, knees bent, weight on both feet!

Sequence: Intro, A, B, A, B (minus counts 31-32), Tag, A (minus the very last step), last 16 counts of A, B.

Ending: You automatically end towards 12:00 when finishing your last B. For added styling raise your arms in a WHAT??? position when the girl says 'What? I don't understand'... ;-)

NOTE!!! Please use the clean version of the track! If you don't have the clean version then contact me and please be cautious where and when you play the track. Typically you'd play this track after midnight at an event when all the die-hards are left. Hence the name: 'Past Midnight'...

A section – (A is a 1 wall dance)

[1 – 8] R & L heel pops, ¼ swivel coaster place, rock chest pop, fwd R, L mambo ¼

- 1&2& Swivel R heel R twisting upper body L (1), return heel and body to centre (&), swivel L heel L twisting upper body R (2), return heel and body to centre (&) 12:00
- 3&4 Swivel R heel R turning ¼ L and stepping down on R (3), step L next to R straightening knees (&), place R foot fwd (no weight) (4) – Styling: turn body slightly L but your face towards 9:00 9:00
- &5 – 6 Rock fwd on R popping chest fwd (&), recover back on L pulling chest back (5), step R fwd (6) 9:00
- 7&8 Rock fwd on L (7), recover back on R (&), turn ¼ L stepping L to L side (8). Styling alternative for count 8: kick R to R side when stepping L to L side 6:00

[9 – 16] Kick, cross, side kick, down L, kick, cross, down L, swivel ¼, fwd R, jazz ¼ L, back R

- 1&2& Kick R fwd (1), cross R over L (&), kick L to L side (2), step L down and to the L side (&) 6:00
- 3&4 Kick R fwd (3), cross R over L (&), step L to L side (4) Styling for counts 1-4: try to bounce/bend in the knee of the leg you're not kicking with! 6:00
- &5 – 6 Swivel heels R (&), swivel heels L turning ¼ L and lifting R heel off the floor (5), step R fwd (6) 9:00
- 7&8& Cross L over R (7), turn ¼ L stepping R back (&), step L back (8), step R back (&) 6:00

[17 – 24] ¼ L big step slide, ball cross shuffle, tap lean, push hips L, behind side, jump L

- 1 – 2 Turn ¼ L stepping L a big step to L side (1), drag R towards L (2) 3:00
- &3&4 Step R slightly behind L (&), cross L over R (3), step R to R side (&), cross L over R (4) 3:00
- &5 – 6 Tap R slightly to R side (&), lean R to R side (5), recover on L pushing hips to L side (6) 3:00
- 7&8 Cross R behind L (7), step L to L side (&), jump both feet to L side – feet together (8) 3:00

[25 – 32] Jump R L R, jump L X 2, jump out, slide feet together, fwd R, L kick ball point (back)

- 1&2 Jump to R side but up on toes (1), jump slightly L bending in knees (&), jump R but up on toes (2) 3:00
- 3&4 Straighten your knees jumping to the L side (3), jump to the L again (&), jump out with feet apart bending in your knees (4) 3:00
- 5 – 6 Pull feet together in a sliding movement straightening in your knees (5), step R fwd (6) 3:00
- 7&8 Kick L fwd (7), step back on L (&), point R backwards (8) 3:00

Alternative steps for counts 24–28 (all the jumps): touch R next to L (24), step R to R side (25), step L next to R (&), rock R to R side (26), recover weight on L (27), step R next to L (&), step L to L side squatting/bending in knees (28)

[33 – 40] Kick step lock step, kick ball, behind side, cross jump, recover sweep, R sailor, together

- 1&2& Kick R fwd (1), step down on R (&), lock L behind R (2), step R fwd (&) 3:00
 3&4& Kick L fwd (3), step down on L (&), cross R behind L (4), step L to L side (&) 3:00
 5 – 6 Cross jump R over L touching L behind R in a locked position (5), recover back on L sweeping R to R side with a flexed foot (6) 3:00
 7&8& Cross R behind L (7), step L to L side (&), step R to R side (8), step L next to R (&) 3:00

[41 – 48] Step slide R, ball cross w. twist and bend, ¼ L, R rocking chair, kick ball side, together

- 1 – 2 Step R a big step to R side (1), drag L towards R (2) 3:00
 &3 – 4 Step L slightly behind R (&), cross R over L bending in knees and twisting upper-body R (3), turn ¼ L stepping fwd on L and straightening your knees (4) 12:00
 5&6& Rock fwd on R (5), recover back on L (&), rock back on R (6), recover fwd on L (&) 12:00
 7&8& Kick R fwd (7), step R next to L (&), step L to L side (8), step R next to L (&) 12:00

B section – (B is a 4 wall dance)

[1 – 8] Extended chasse L with hips & kicks, push chest fwd, body roll down, chest pops

- 1&2& Step L to L pushing hips R and do a low R side kick (1), step R next to L pushing hips L (&), Repeat counts 1& on counts 2&... Styling: Think 'Bollywood' style... 12:00
 3&4& Repeat counts 1& on counts 3&4&. Styling: Think 'Bollywood' style... 12:00
 5 – 6 Step L to L pushing chest fwd towards 10:30 (5), roll from chest into a sit position (6), weight R 10:30
 7&8& Straighten knees popping chest fwd (7), pull chest back (&), pop chest fwd (8), pull chest back (&) Styling: when doing your pops you can also rock fwd and back to add more energy to your moves 10:30

[9 – 16] Jump, recover kick, back rock, jump L fwd, step ½ L, R lock step fwd

- 1 – 2 Jump fwd onto L pulling arms out to both sides (1), turn 1/8 L jumping back on R kicking L fwd with a flexed foot and throwing both arms fwd and crossing in front of body (2) 9:00
 3&4 Rock back on L (3), recover fwd on R (&), jump fwd on L punching R fist fwd (4) 9:00
 5 – 6 Step R fwd (5), turn ½ L stepping onto L (6) 3:00
 7&8 Step fwd on R (7), lock L behind R (&), step fwd on R (8) 3:00

[17 – 25] Side L, touch R behind, side R, L sailor grind 1/8 R, behind, 3/8 L fwd, fwd R, knee pops

- &1 – 2 Step L to L side (&), touch R behind L turning upper body L, looking to the L and pointing R arm to the L (1), step R to R side squaring upper body up to your 3 o'clock wall (2) 3:00
 3&4 Cross L behind R (3), step R to R side (&), step L to L side grinding R foot 1/8 R turning body to R diagonal (4) 4:30
 5 – 6 Step R back and behind L (5), turn 3/8 L stepping L foot fwd (6) 12:00
 7&8&1 Step R fwd with body turned slightly L (7), pop knees fwd (&), step feet down (8), pop knees fwd (&), step feet down (1) – weight on L 12:00

[26 – 32] Step back R, L mambo back, rock R fwd, ¼ R into chasse stepping out and bend

- 2 Step back on R (2) 12:00
 3&4 Rock back on L (3), recover fwd on R (&), step fwd on L (4) 12:00
 5 – 6 Rock R fwd (5), recover back on L (6) - * During 2nd B you go into your Tag after this rock step 12:00
 7&8 Turn ¼ R stepping R to R side (7), step L next to R (&), step R to R side bending in knees (8) 3:00

Tag – Your slide part (takes you to your front wall)

[1 – 8] ¼ R step slide R, L sailor ¼ cross, step slide R, L sailor ¼ cross

- 1 – 2 Turn ¼ R stepping R a big step to R side (1), drag L towards R (2) 6:00
 3&4 Cross L behind R (3), turn ¼ L stepping R a small step to R side (&), cross L over R (4) 3:00
 5 – 6 Step R a big step to R side (5), drag L towards R (6) 3:00
 7&8 Cross L behind R (7), turn ¼ L stepping R a small step to R side (&), cross L over R (8) 12:00

[9 – 16] Step slide R, L sailor, R jazz box into and out out position

- 1 – 2 Step R a big step to R side (1), drag L towards R (2) 12:00
3&4 Cross L behind R (3), step R a small step to R side (&), step L to L side (4) 12:00
5 – 6 Cross R over L (5), step back on L (6) 12:00
7 – 8 Step R out to R side pushing hips R (7), step L to L side pushing hips L and bending knees (8) 12:00

ENJOY! And... FUNK it UP!!!!!!.....

Sequence note: When doing A the 3rd time (starts facing 12:00) you leave out the very last & count of the A section. This means you only do counts 47-48 – the kick ball side step. This means you now have the weight on your L foot and you're ready to do the last 16 counts of A again (which will take you to your 9 o'clock wall). From here you only have your last B to do.

Arm note: you can easily leave out all arm movements, in other words: they are optional. However, they are in the choreography to underline the funky hip hop style. Your choice!
