

High Times

COPPER KNOB
BY STEPHEN METZ

拍数: 48 墙数: 4 级数: Improver
编舞者: Alison Metelnick (UK) & Peter Metelnick (UK) - August 2013
音乐: High Time for Gettin' down - Travis Tritt



Start after 32 count intro – [119bpm – 2mins 43secs]

[1-8] R chassé, L back rock/recover, L grapevine cross

1&2 Step R side, step L together, step R side (or if chassé is too quick try R side toe step)
3-4 Rock L back, recover weight on R
5-8 Step L side, cross step R behind L, step L side, cross step R over L

[9-16] L chassé, R back rock/recover, R grapevine with ¼ R scuff

1&2 Step L side, step R together, step L side (or if chassé is too quick try L side toe step)
3-4 Rock R back, recover weight on L
5-8 Step R side, cross step L behind R, turning ¼ right step R forward, scuff L forward (3 o'clock)

[17-24] L fwd lock step scuff, step R lift L behind slap!, step L lift R behind slap!

1-4 Step L forward, lock R behind L, step L forward, scuff R forward
5-8 Step R side, lift L behind R, step L side, lift R behind L (on lifts slap foot with opposite hand)

[25-32] R grapevine with ½ R turn, twist heels, toes, heels L, touch R heel fwd

1-4 Step R side, cross step L behind R, turning ¼ right step R forward, turning ¼ right step L side
5-8 Twist both heels L, twist toes L, twist heels L, touch R heel forward (9 o'clock)

[33-40] R back, weave 3, ¼ R step R fwd, ¼ R L side rock/recover, step L together

1-4 Step R back, cross step L over R, step R side, cross step L behind R
5-8 Turning ¼ right step R forward, turning ¼ right rock L side, recover weight on R, step L together (3 o'clock)

[41-48] R toe strut side right, L toe strut side left, hip bumps R,L,R,L

1-4 Touch R toes side right and slightly forward, step R down, touch L toes side left & slightly forward, step L down (or stomp R, hold, stomp L, hold)
5-8 Bump hips R, L, R, L

END OF WALL 2 ADD THE FOLLOWING 16 COUNT TAG (6 o'clock)

1-8 R chassé, L back rock/recover, L grapevine cross
9-16 L chassé, R back rock/recover, R grapevine cross

Start dance again!

FINAL WALL: Dance counts 1-32 as written & strike a pose! You will be facing 6 o'clock

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