

Night Train

拍数: 32 墙数: 4 级数: Low Intermediate
编舞者: Will Craig (USA) - September 2013
音乐: Night Train - Jason Aldean



16 Count Intro

NightClub Basic, Forward, Forward, Forward Sweep, Behind Side

- 1 2& Step right foot to right side, Rock left foot back and slightly behind right foot, Recover weight back onto the right foot
- 3 4& Step left foot to left side, Rock right foot back and slightly behind left foot, Recover weight back onto left foot
- 5 6& Step right foot forward, Step left forward, Step right foot forward
- 7 8& Step left foot forward while sweeping left foot from front to back (STYLING: instead of sweeping foot out bend the knee and bring it up and behind), Step right foot behind left foot, Step left foot to left side

Cross Rock Recover, 1/2 Turn, Sways, Half Night Club Basic, Forward 1/2 Turn

- 1 2& Cross rock right foot over left foot, Recover weight onto left foot, Step right foot to right side
- 3 4& Make a 1/2 turn over right shoulder stepping left foot to the left side, Sway right, Sway left
- 5 6& Step right foot to right side, Rock left foot back and slightly behind right foot, Recover weight back onto the right foot
- 7 8& Going toward your left diagonal walk left, Walk right, Step left foot forward and slightly over right

1/2 Turn Left, Rock Left Foot Side, Rock Across, Rock Side, Rock Right Foot across, Rock Side, Rock Across, Side, Together

- 1 2& Make a little less than a 1/2 turn left squaring up to the 12 o'clock wall while stepping back onto the right foot, Rock left foot to left side, Recover weight onto the right foot
- 3&4 Cross rock left foot over right foot, Recover weight onto right foot, Step left foot to left side
- 5&6& Cross rock right foot over left foot, Recover weight onto left foot, Rock right foot to right side, Recover weight onto left foot
- 7 8& Cross rock right foot over left foot, Step left foot to left side, Bring right foot to left

1/4 Turn. Walk, Walk, Rock Recover Back, 1/4 Sway, Sway Sway, 1/4 Sway

- 1 2 Make a 1/4 turn right stepping left foot forward, Step right foot forward
- 3&4 Rock left foot forward, Recover weight back onto right foot, Step back on the left foot
- 5 6 Make a 1/4 turn right stepping right foot to right side, Sway left
- 7 8 Sway right, Sway left while making 1/4 turn right

REPEAT

RESTARTS: Walls 1 and 2 Dance till count 28 and Restart
