

I Remember ...

拍数: 80 墙数: 2 级数: Phrased Advanced
编舞者: Ross Brown (ENG) - September 2013
音乐: Remember the Feeling - Chicago : (CD:Various CDs - Length - 4:31)



Intro: 48 Counts (Approx. 18 Secs)

Sequence: AAAA – BB – Tag – AA – B (onwards)

Note: You will need to slow down on the final section of Part A when changing to Part B.

Part A – 2 Wall Waltz – 48 Counts

CROSS, POINT, HOLD. TOGETHER ½ TURN R, SIDE ROCK.

- 1 – 2 – 3 Cross step left over right, point right to the right, hold for Count 3.
4 – 5 – 6 Make a ½ turn right stepping right next to left, rock left to the left, recover onto right. (6 O'CLOCK)

TWINKLE ½ TURN L. DIAGONAL STEP, POINT, HOLD.

- 1 – 2 – 3 Cross step left over right, make a ¼ turn left stepping back with right, make a ¼ turn left stepping left to the left.
4 – 5 – 6 Step right foot forward to left diagonal, point left foot forward, hold for Count 6. (10:30)

BEHIND, SIDE, CROSS. DIAGONAL STEP, LEG RAISE.

- 1 – 2 – 3 [Straighten up to 12 o'clock] Cross step left behind right, step right to the right, cross step left over right.
4 – 5 – 6 Step right foot forward to right diagonal, lift left leg up over two Counts. (1:30)

BEHIND, SIDE, CROSS. DIAGONAL STEP, LEG RAISE.

- 1 – 2 – 3 [Straighten up to 3 o'clock] Cross step left behind right, step right to the right, cross step left over right.
4 – 5 – 6 Step right foot forward to right diagonal, lift left leg up over two Counts. (4:30)

COASTER STEP. STEP, HITCH ½ TURN R.

- 1 – 2 – 3 Step back with left, step right next to left, step forward with left.
4 – 5 – 6 [Straighten up to 6 o'clock] Step forward with right, make a ½ turn right hitching left knee up over two Counts. (12 O'CLOCK)

STEP, LOCK, STEP. STEP, SPIRAL FULL TURN L.

- 1 – 2 – 3 Step forward with left, lock right behind left, step forward with left.
4 – 5 – 6 Step forward with right, make a full turn left hooking left foot across right shin over two Counts. (12 O'CLOCK)

STEP, PENCIL ½ TURN L. TWINKLE.

- 1 – 2 – 3 Step forward with left, make a ½ turn left closing right up to left over two Counts.
4 – 5 – 6 Cross step right over left, step left to the left, step right to the right. (6 O'CLOCK)

STEP, SWEEP. STEP, SWEEP.

- 1 – 2 – 3 Step forward and slightly across with left, sweep right foot forward over two Counts.
4 – 5 – 6 Step forward and slightly across with right, sweep left foot forward over two Counts. (6 O'CLOCK)

END OF PART A!

Part B – 2 Wall Nightclub Two-Step – 32 Counts

CROSS. ½ TURN L. CROSS ROCK. BALL, CROSS. ¾ TURN L. ROCK / LUNGE FORWARD. STEP ½ TURN R, PENCIL ½ TURN R.

- 1 Cross step left over right.
- 2 & Make a ¼ turn left stepping back with right, make a ¼ turn left stepping left to the left.
- 3 – 4 Cross rock right over left, recover onto left.
- & 5 Step right next to left, cross step left over right.
- 6 & Make a ¼ turn left stepping back with right, make a ½ turn left stepping forward with left.
- 7 – 8 Rock / lunge forward with right, recover onto left.
- & 1 Make a ½ turn right stepping forward with right, make a ½ turn right closing left up to right. (9 O'CLOCK)

NOTE: For extra styling, you can slightly dip down on Counts & 1.

CROSS, SIDE, BEHIND with SWEEP. BEHIND, SIDE. DIAGONAL WALK. SPIRAL ½ TURN L. SIDE, CROSS.

- 2 & 3 Cross step left over right, step right to the right, cross step left behind right and sweep right foot back.
- 4 & Cross step right behind left, step left to the left.
- 5 – 6 [Travelling towards 7:30] Walk forward; right, left.
- 7 Step forward with right whilst turning a ½ turn left.
- 8 & [Straighten up to 12 o'clock] Step left to the left, cross step right over left. (12 O'CLOCK)

BASIC NIGHTCLUB. SIDE, TOGETHER ¼ TURN R, CROSS. SIDE, TOGETHER ¼ TURN R, CROSS. BACK ¼ TURN L. TRIPLE FULL TURN L.

- 1 – 2 & Step left to the left, cross step right behind left, cross step left over right.
- 3 – 4 & Step right to the right, make a ¼ turn right stepping left next to right, cross step right over left.
- 5 – 6 & Step left to the left, make a ¼ turn right stepping right next to left, cross step left over right.
- 7 Make a ¼ turn left stepping back with right.
- 8 & 1 [On the spot] Make a full turn left stepping; left, right, left. (3 O'CLOCK)

PRISSY WALKS. STEP, SIDE ¼ TURN R, BEHIND with SWEEP. EXTENDED WEAVE RIGHT.

- 2 – 3 Walk forward and slightly across; right, left.
- 4 & 5 Step forward with right, make a ¼ turn right stepping left to the left, cross step right behind left and sweep left back.
- 6 & 7 Cross step left behind right, step right to the right, cross step left over right.
- & 8 & Step right to the right, cross step left behind right, step right to the right, (6 O'CLOCK)

END OF PART B!

TAG: □ □ CROSS, SWAY. SWAY, DRAG.

- 1 – 2 Cross step left over right, step right to the right swaying right.
- 3 – 4 Sway left, drag right up to left. [Weight ends on right]

Contact: ross-brown@hotmail.co.uk
