

Hey Samba

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Ria Vos (NL) - September 2013
音乐: Samba Ê (Syndicate Radio Edit) - Be Ignacio : (Album: Samba Ê - EP)



Intro: 16 Counts - No Tags, No Restarts

R Cross Rock, R Cross Samba, L Cross Rock, L Cross Samba

1-2 Cross Rock R Over L, Recover on L
3&4 Cross R Over L, Rock L to L Side, Recover on R
5-6 Cross Rock L Over R, Recover on R
7&8 Cross L Over R, Rock R to R Side, Recover on L

Cross, Side, Behind-Side-Cross, Side, Point, Side, ¼ L Kick/Sweep

1-2 Cross R Over L, Step L to L Side
3&4 Step R Behind L, Step L to L Side, Cross R Over L
5-6 Step L to L Side (dipping down), Point R to R Diagonal (coming up)
7-8 Step R to R Side (dipping down), ¼ Turn L Kick L Fwd into a Sweep (coming up)

L Back Cross Rock, Behind, R Side Rock, R Back Cross Rock, Behind, L Side Rock

1-2 Cross Rock Back on L, Recover on R
3&4 Step L Behind R, Rock R to R Side, Recover on L (think of this as a sailor step)
5-6 Cross Rock Back on R, Recover on L
7&8 Step R Behind L, Rock R to R Side, Recover on L (think of this as a sailor step)

Behind, Side, Cross Shuffle, Side, Point, ¼ Turn L, Touch

1-2 Step L Behind R, Step R to R Side
3&4 Cross L Over R, Step R to R Side, Cross L Over R
5-6 Step R to R Side, Point L to L Side (lean R)
7-8 ¼ Turn L Step Fwd on L, Touch R Next to L

Rock Back (with Kick), Walk, Walk, Step with Hip Bumps, ½ L Hip Bumps

1-2 Rock/Jump Back on R Kicking L Fwd, Recover on L
3-4 Walk Fwd R-L
5&6 Step Fwd on R Bump R Hip Fwd, Recover, Bump R Hip Fwd Taking Weight
7&8 ½ Turn L Bump L Hip Fwd, Recover, Bump L Hip Fwd Taking Weight

Syncopated Jazz Box, Rock Back, Kick-Ball-Step

1-2& Cross R Over L, Step Back on L, Step R to R Side
3-4 Cross L Over R, Step R to R Side
5-6 Rock Back on L, Recover on R
7&8 Kick L Fwd, Step L Next to R, Step Fwd on R

Rock Fwd (with Hook), Walk Back x2, Step Back with Hip Bumps, ¼ L Hip Bumps

1-2 Rock/Jump Fwd on L Hook/Flicking R Behind, Recover on R
3-4 Walk Back L-R
5&6 Step Back on L Bump L Hip Back, Recover, Bump L Hip Back Taking Weight
7&8 ¼ Turn L Bump R Hip to R Side, Recover, Bump R Hip to R Side Taking Weight

Back, Coaster Step, Step Pivot ½ Turn R, Kick & Point, Flick

1 Step Back on L
2&3 Step Back on R, Step L Next to R, Step Fwd on R

4-5 Step Fwd on L, Pivot ½ Turn R
6&7 Kick L Fwd, Cross L Over R, Point R to R Side
8 Flick R Backwards and to R Side

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