

Sweet Like Cola

COPPER **KNOB**
BY STEPSHEETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Imma Grobbelaar - September 2013
音乐: Sweet Like Cola - Lou Bega



Intro: 16 count intro from first beat in music - Start with weight on L foot - (No Tags No Restarts)

[1 - 8] ROCK FORWARD R, ROCK SIDE R, R BEHIND SIDE CROSS, ROCK FORWARD L, BACK LOCK STEP WITH L -

1&2& Rock forward on Right (1); Recover on Left (&); Rock Right to Right Side (2); Recover on Left (&)
3&4 Cross Right behind Left (3); Step Left to Left Side (&); Step Right Over Left (4)
5,6 Rock Forward on Left (5); Recover on Right (6)
7&8 Step back on Left (7); Lock Right over Left (&); Step back on Left (8)

[9 - 16] ROCK BACK R, FORWARD LOCK STEP WITH R, ROCK SIDE L, TRIPLE STEP -

1,2 Rock back with Right (1); Recover on Left (2)
3&4 Step Forward Right (3); Lock Left behind Right (&); Step Right Forward (4)
5,6 Rock Left to Left (5); Recover Right (6)
7&8 Triple step Left (7); Right (&); Left (8)

[17 - 24] ROCK SIDE R, TRIPLE STEP; ROCK FORWARD L, L COASTER STEP

1,2 Rock right to Right (1); Recover on Left (2)
3&4 Triple step Right (3); Left (&); Right (4)
5,6 Rock forward on Left (5); Recover on Right (6)
7&8 Coaster step on Left (Step back on Left (7); Step Right next to Left (&); Step forward on Left (8)

[25 - 32] R HEEL GRIND; QUARTER TURN R; R COASTER STEP; ROCK SIDE L; TRIPLE STEP -

1,2 Heel grind (Dig Right heel forward and push into floor) (1); make Quarter turn Right and recover weight back onto Left (2)
3&4 Coaster step (Step back on Right (3) Step Left next to Right (&) Step forward on Right (4))
5,6 Rock Left to Left side (5); Recover on Right (6)
7&8 Triple step (Left (7) Right (&) Left (8)

START NEXT WALL

Enjoy xx

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