

# Sweet Like Cola

**COPPER** **NOB**  
BY STEPHEN

拍数: 32                      墙数: 4                      级数: Improver  
编舞者: Imma Grobbelaar - September 2013  
音乐: Sweet Like Cola - Lou Bega



**Intro: 16 count intro from first beat in music - Start with weight on L foot - (No Tags No Restarts)**

**[1 - 8] ROCK FORWARD R, ROCK SIDE R, R BEHIND SIDE CROSS, ROCK FORWARD L, BACK LOCK STEP WITH L -**

1&2&                      Rock forward on Right (1); Recover on Left (&); Rock Right to Right Side (2); Recover on Left (&)  
3&4                      Cross Right behind Left (3); Step Left to Left Side (&); Step Right Over Left (4)  
5,6                      Rock Forward on Left (5); Recover on Right (6)  
7&8                      Step back on Left (7); Lock Right over Left (&); Step back on Left (8)

**[9 - 16] ROCK BACK R, FORWARD LOCK STEP WITH R, ROCK SIDE L, TRIPLE STEP -**

1,2                      Rock back with Right (1); Recover on Left (2)  
3&4                      Step Forward Right (3); Lock Left behind Right (&); Step Right Forward (4)  
5,6                      Rock Left to Left (5); Recover Right (6)  
7&8                      Triple step Left (7); Right (&); Left (8)

**[17 - 24] ROCK SIDE R, TRIPLE STEP; ROCK FORWARD L, L COASTER STEP**

1,2                      Rock right to Right (1); Recover on Left (2)  
3&4                      Triple step Right (3); Left (&); Right (4)  
5,6                      Rock forward on Left (5); Recover on Right (6)  
7&8                      Coaster step on Left (Step back on Left (7); Step Right next to Left (&); Step forward on Left (8)

**[25 - 32] R HEEL GRIND; QUARTER TURN R; R COASTER STEP; ROCK SIDE L; TRIPLE STEP -**

1,2                      Heel grind (Dig Right heel forward and push into floor) (1); make Quarter turn Right and recover weight back onto Left (2)  
3&4                      Coaster step (Step back on Right (3) Step Left next to Right (&) Step forward on Right (4))  
5,6                      Rock Left to Left side (5); Recover on Right (6)  
7&8                      Triple step (Left (7) Right (&) Left (8)

**START NEXT WALL**

Enjoy xx

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