

A Cowgirls Dreams

COPPER KNOB
STEPPERS

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Mark Guichard (UK) & Shelly Guichard (UK) - September 2013
音乐: Gypsy - Imelda May : (Album: More Mayhem - iTunes)



SECTION ONE: WALK FWD R, L, RIGHT KICK BALL CROSS, POINT RIGHT ½ TURN ROCK & CROSS.

1-2 Step fwd on R, step fwd on L,
3&4 Kick R foot fwd step down on ball of R cross L over R.
5-6 Point R toe to R side turn ½ turn over R shoulder,
7&8 Rock out to L, recover to R, cross L over R, (naturally facing diagonal)

SECTION TWO: STEP FWD R, KICK L, COASTER STEP 2 X PIVOT ¼ TURN

1-2 Step fwd R, (still on the diagonal), kick left across R,
3&4 Step back on L, step R next to L step fwd on L, (squaring up to next wall)
5-6 Step fwd on R, pivot ¼ turn over L,
7-8 Step fwd on R, pivot ¼ turn over L,

SECTION THREE: MAMBO FWD, TOUCH L BEHIND ½ REVERSE TURN, DIP KICK AND TOUCH.

1&2 Rock Fwd on R, Step L next to R, Step back on R.
3-4 Point L behind R, Reverse Pivot ½ Turn over L (weight on Left Foot)
5-6 Dip slightly bending knees (Down & Up)
7&8 Kick R fwd, Step R next to L, touch L next to R.

(wall 5 restart here after R next to L transfer weight to Restart)

SECTION FOUR: KICK & POINT, SAILOR STEP, BEHIND SIDE, CROSS SHUFFLE

1&2 Kick L fwd, step L next to R, Point R to R side.
3&4 Cross R slightly behind L, Step L to L Side, Step R to R side.
5-6 Cross L behind R, Step R to R side.
7&8 Cross L in front of R, Step R to R side, Cross L in Front of R.

SECTION FIVE: POINT ¼ TURN R, COASTER STEP, SYNCOPATED SIDE ROCKS

1-2 Point R foot to R, On ball of L turn ¼ R
3&4 Step back on R, Step L next to R, Step Fwd on R.
5-6 Rock L to L side, recover to R.
&7-8 Step L next to R, Rock R to R side, recover weight to L.

SECTION SIX: CROSS ¼ R, SIDE SHUFFLE, CROSS ¼ L, ½ SHUFFLE L.

1-2 Cross R over L, Turn ¼ R stepping back on L.
3&4 Step R to R side, Step L next to R, Step R to R side.
5-6 Cross L over R, Turn ¼ L stepping back on R.
7&8 Shuffle ½ Turn over L shoulder, Stepping LRL.

SECTION SEVEN: HEEL SWITCHES, STEP ¼ L X2

1&2 Heel dig R, Bring R into L, Heel dig L.
&3-4 Bring L foot into Right Step fwd R, Pivot ¼ turn L
5&6 Heel dig R, Bring R into L, Heel dig L.
&7-8 Bring L foot into Right Step fwd R, Pivot ¼ turn L

(wall 2 replace ¼ turn with ½ turn here for Restart)

SECTION EIGHT: JAZZ BOX TOUCH, SIDE BEHIND SHUFFLE ¼ L.

1-2 Cross R over L, step back L
3-4 Step R to R side, Touch L next to R.

5-6 Step L to L side, Cross R behind L.

7&8 Turn $\frac{1}{4}$ L, Stepping Fwd L, Step R next to L, Step Fwd on L.

Restarts:-

During wall 2 after heel digs x 2 replace 2nd $\frac{1}{4}$ turn with a $\frac{1}{2}$ turn over L and Restart.

During wall 5 dance up to and including kick R touch L then transfer weight to right restart.

End of Dance

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