

Gu Jing mi mi

拍数: 40 墙数: 4 级数: Easy Intermediate
编舞者: Tina Chen Sue-Huei (TW) - September 2013
音乐: Jiu Ching Mian Mian by Shou Lan Ma Ya



Start dance after 16 Counts

SQ: Tag (16) – 40 – 40 – Tag (16) – 40 – 40 - Tag(32) – 40 – 40 – 16 – Ending (4 cts.)

Tag (16 cts.)

- 1-2 Step RF Side / Sway to R – Sway to Left
3&4 Step RF Side – LF Together – 1/4 Turn Right, Step RF Fwd. (3:00)
5-8 Walk L-R-L-R Around 3/4 Right, End Facing the Front (12:00)
- 9-16 A mirror steps (1-8) of above of Tag (16) (12:00)

Tag (32 cts.)

- 1-2 Step RF Side / Sway to Right – Sway to Left (12:00)
3&4 Step RF Side Right – LF Together – 1/4 Right, RF Fwd. (3:00)
5-8 Walk L-R-L-R Around 3/4 Left, End Facing Front (12:00)
- 9,10& Step LF Fwd – Recover on RF – Step LF Back
11,12& Step RF Fwd – Recover on LF – Step RF Back
13,14& Step LF Across RF – Recover on RF – Step LF Slightly Back Left
15,16& Step RF Across LF – Recover LF – Step RF Slightly Back Right
- 17-24 Mirror steps of (1-8) of Tag (32) (12:00)
- 25-32 Mirror steps of (9-16&) of Tag (32) (12:00)

Main Dance: (40 count)

I. Sway, 1/4 Right, 1/2 Right, 1/4 Right / Sweep Behind, Side, Cross, Recover Side Cross

- 1-2 Step RF Side Right and Sway to Right – Sway to Left
3-4 1/4 Right, RF Fwd. – 1/2 Right, LF Back (9:00)
5&6 1/4 Right, Sweep RF Behind LF – Step LF Side – Step RF Across LF (12:00)
7&8 Recover on LF – Step RF Side Right – Cross LF Over RF

II. Walk, 1/2 L, Sweep, Behind, Side, Cross, Recover, Side, Cross, Recover, Side, Cross

- 1-2 Walk RF Fwd. – Walk LF Fwd.
3 1/2 Turn Left, Step RF Back and Sweep LF Behind (6:00)
4&5 Step LF Behind RF – RF Side – Cross LF over RF
6&7&a8 Recover On RF – Step LF Side – Cross RF over LF – Recover LF – RF Side – Cross LF

III. Walk x2 , Full Turn Right, Walk x2, Triple Steps 3/4 Left

- 1-2 Walk RF Fwd. – Walk LF Fwd.
3&4 Step RF Fwd. – 1/2 Turn Right, Step LF Back – 1/2 Turn Right, RF Fw (6:00)
5-6 Walk LF Fwd. – Walk RF Fwd.
7&8 Triple Step 3/4 Turn Left on LF-RF-LF (9:00)

IV. Rock Recover, Cross Rock Recover

- 1a2 Rock RF Fwd – Recover on LF – Step RF Back
3a4 Rock LF Fwd. – Recover on RF – Step LF Back
5a6 Cross Rock RF – Recover on LF – Step RF Side Right, Slightly Back Right
7a8 Cross Rock LF – Recover on RF – Step LF Side Left, Slightly Back Left

V. Triple-Step Turns

- 1a2 1/4 Turn Left, Chasse Side Right on RF-LF-RF (6:00)
- 3a4 1/4 Turn Left, Chasse Side Left on LF-RF-LF (3:00)
- 5a6 1/4 Turn Left, Chasse Side Right on RF-LF-RF (12:00)
- 7a8 1/4 Turn Left, Chasse Side Left on LF-RF-LF (9:00)

Ending: Walk fwd on LRLR and Pose!

Happy Dancing

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Last Revision - 21st Sept 2013
