

Farewell Blessings

COPPER KNOB
BY SHEETS

拍数: 32 墙数: 2 级数: Easy Intermediate NC
编舞者: Jasmine Leong (MY) & Jennifer Choo Sue Chin (MY) - September 2013
音乐: Wish You Well by Julian Cheung Chi Lam



Start dance after 4 counts of silence.

SET 1: SWEEP, WEAVE, SWEEP, BEHIND SIDE CROSS, PIVOT ½L, FULL TURN L

- 1 Step LF fwd and sweep RF from back to front □ 12:00
2&3 Cross RF over LF, Step LF to L, Step RF behind LF and sweep LF from front to back □ 12:00
4&5 Step LF behind RF, Step RF to R, Step LF in front of RF □ 12:00
6-7 Step RF fwd, ½L shifting weight on LF □ 6:00
8&1 ½L stepping RF back, ½L stepping LF fwd, step RF fwd (prep upper body to R) □ 6:00

[easier options: Run fwd RF, LF, RF] □

SET 2: FULL TURN R, ¼L PIVOT, WEAVE TO LEFT, SIDE ROCK CROSS

- 2&3 ½R stepping LF back, ½R stepping RF fwd, step LF fwd (prep upper body to L) □ 6:00

[easier options: Run fwd LF, RF, LF] □

- 4&5 Step RF fwd, ¼L shifting weight on LF, Cross RF over LF □ 3:00
&6&7 Step LF to L, Step RF behind LF, Step LF to L, Cross RF over LF □ 3:00
8&1 Rock LF to L, Recover on RF, Cross LF over RF □ 3:00

[harder options: □

- &6&7 ¼R step back on LF, ½R stepping fwd on RF, ½R stepping back on LF, ½R stepping fwd on RF (12:00)
8&1 Step LF fwd, pivot ¼R shifting weight on RF, Cross LF over RF (9:00)]

SET 3: ¼L SPIRAL, SWEEP, CROSS SHUFFLE, SWEEP, CROSS, SIDE, TOUCH (DROP)

- 2 ¼L stepping RF back and execute a ½L spiral turn on RF □ 12:00
3 Step LF fwd and sweep RF from back to front □ 6:00
4&5 Cross RF over LF, Step LF to L, Cross RF over LF and sweep LF from front to back
6 Cross LF over RF □ 6:00
7 RF big step to R (raise both arms from left to centre) □ 6:00
8 Drag LF towards RF (drop both arms from centre to right) □ 6:00

SET 4: BASIC NIGHTCLUB L, BASIC NIGHTCLUB R, ¼L WALK, ¼L WALK, ½L CURVY RUN

- 1 LF big step to L □ 6:00
2&3 Step RF behind LF, Cross LF over RF, RF big step to R □ 6:00
4&5 Step LF behind RF, Cross RF over LF, ¼L stepping LF fwd □ 3:00
6 ¼L stepping RF fwd □ 12:00
7&8& ½L curvy run LF, RF, LF, RF □ 6:00

Start Again

Restart: On Wall 4 (facing 6:00), dance only 7 counts of Set 1. On count 8, step RF fw. Then, execute a ½L pivot turn on count 1 shifting weight onto LF and sweep RF from front to back to start Wall 5 (facing 6:00).

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