About Time



编舞者: Karl-Harry Winson (UK) - September 2013

音乐: How Long Will I Love You - Ellie Goulding: (Album: About Time OST - 2013)



Intro: 16 Counts/15 Seconds (Start on Vocals)

Basic Nightclub Right. Left Scissor Step.

1,2& Step Right to Right side. Rock back on Left. Recover weight on Right crossing Right over

Left.

3&4 Step Left to Left side. Close Right beside Left. Cross step Left over Right.

1/2 Turn Left. Sweep. Cross Rock 1/4 Turn Right. Triple Full Turn Right.

&5 Make 1/4 Turn Left stepping back on Right. Make 1/4 Turn Left stepping Left to Left side and

sweep Right from back to front.

6&7 Cross Rock Right over Left. Recover weight on Left. Make 1/4 Turn Right stepping Right

forward.

&8& Make 1/2 Turn Right stepping Left back. Make 1/2 Turn Right stepping Right forward. Step

forward on Left.

Alternative Steps: If you wish not to turn, counts: &8& can be replaced with 3 small runs forward, Left, Right, Left.

Forward Rock. Run Back X2. Sweep. Behind-Side.

1,2& Rock forward on Right. Recover weight and run back on Left. Run back on Right.

3,4& Run back on Left sweeping Right around from front to behind. Step Right behind Left. Step

Left to Left side.

Cross Rock. Recover. Side Step. Cross Unwind Full Turn.

5,6& Cross Rock Right over Left. Recover weight back on Left. Step Right to Right side.
Cross step Left over Right and unwind full turn Right with weight ending on Left.

Start Again!

Tag: Happens at the end of Wall 8 facing 12.00 Wall.

Side Step. Cross Step.

8& Step Right to Right side. Cross step Left over Right.

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