Come Undone



拍数: 32 墙数: 4 级数: Intermediate

编舞者: Mark Furnell (UK) - September 2013

音乐: Loving You - Matt Cardle & Melanie C: (Single - iTunes)



[1-8] Walk, Walk, Coaster, Back, Back, Rock and Cross

4	-2	Mall	Ewd	Dŧ	Walk		4
- 1	-/	vvaik	rwa	RI.	vvaik	-wa	

3&4 Step Fwd Rt, Close Lt to Rt, Step Back Rt

5,6 Step Back Lt, Step Back Rt

7&8 Rock Side Lt, replace Rt, Cross Lt over Rt

[9-16] Touch, Touch, Kick, Behind side cross, Cross, Back, Turn, Touch

1&2 Touch Rt toe out to Rt, Touch Rt toe next to Lt, Kick Rt to diagonally fwd Rt,

3&4 Cross Rt Behind Lt, Step Lt to Lt, Cross Rt over Lt

5,6 Cross Lt over Rt, Step back on Rt.

7,8 Step Lt to Lt making ¼ turn Lt, Touch Rt to Behind Lt.

[17-24] Side, Rock step, Side, Rock Step, Step, Rock Step, Bump, Bump, Bump

1, 2&	Step Rt large step to Rt, Rock Lt behind Rt, Replace Rt
3, 4&	Step Lt large step to Lt, Rock Rt behind Lt, replace Lt

5, 6& Making ¼ turn Lt, Step Rt to Rt, Rock Lt behind Rt, Replace Rt

7&8 Step Lt ¼ turn to Lt bumping hips Lt, Rt, Lt

[25-32] Rock Turn, Step Replace, Rock Turn, Step Replace, Jazz box

Step Fwd Rt making ¼ turn Lt, Replace Lt, Step Rt to Lt, Replace Lt
Step Fwd Rt making ¼ turn Lt, Replace Lt, Step Rt to Lt, Replace Lt

5,6 Cross Rt over Lt, step back7,8 Step Rt to Rt, Step Fwd Lt.

Tag: At the end of wall 2. Repeat the jazz box

Ending: At end of wall 11 repeat counts 25-32 twice to end the dance making sure you make a make a ¼ turn and ½ turn to face the front on the second repeat.

Contact - Email: marksfurnell@yahoo.co.uk