

Raising A Lady (Official Dance)

COPPERKNOB
BY STEPHENETS

拍数: 32 墙数: 4 级数: Improver
编舞者: M. Vasquez (UK) - September 2013
音乐: Raising a Lady - Tennessee : (Album: From Me To You - iTunes)



Tag and Restarts Information:

Wall 2: Complete steps 1-32 and add Tag 1

Wall 4: Complete steps 1-12 (exclude the '&' count after the 12th step) add Tag 2 and Restart dance.

Dance starts on main vocal – for those that feel energetic you can add a hop every time there is a 'hitch' step.

Section 1 (Counts 1-8&)

1&2& Step R foot to R side. Step L next to R. Step R foot to R side and turn ½ R and hitch L knee
3&4& Step L foot to L side. Step R next to L. Step L foot to L side. On ball of L foot turn ½ R and hitch R knee
5&6& Step R foot forward. Step L foot next to R. Step R foot forward. Hitch L knee
7&8& Step L foot forward. Step R foot next to L. Step L foot forward. Hitch R knee

Section 2 (Counts 9-16&)

9&10& Step R foot to R side. Return weight to L foot. Cross step R foot in front of L. Hold for 1 beat
11&12& Step L foot to L side. Return weight to R foot. Cross step L foot in front of R. Step R foot to R side turning R heel out.
13&14& Twist both toes out (knees open). Twist both heels out (knees closed). Twist both toes out (knees open). Hold for one beat
15&16& Twist both heels out (knees closed). Twist both toes out (knees open). Twist both heels out (knees closed). Hold for 1 beat

Section 3 (Counts 17-24&)

17&18& Cross R foot over L. Step L foot to L side. Cross R foot over L and Hold for 1 beat
19&20& Step L foot to L side. Return weight to R foot. Cross step L foot in front of R. Hold for 1 beat.
21&22& Step R foot to R side. Step L next to R. Step R foot to R side and turn ½ R and hitch L knee
23&24& Step L foot to L side. Step R next to L. Step L foot to L side. On ball of L foot turn ½ R and hitch R knee

Section 4 (Counts 25-32)

25&26& Step R foot forward. Hitch L knee and Hop on the spot (12 o'clock). Turn ½ R, stepping onto L foot hitch R knee and hop on the spot (6 o'clock)
27&28& Step R foot in place. Hitch L knee and hop on the spot (6 o'clock). Turn ½ R, stepping onto L foot hitch R knee (12 o'clock)
29&30& Step R foot back. Step L next to R. Step R foot forward. Rock onto L foot to L side
31&32 Recover back on R foot turning ¼ L, step onto L foot. Touch R next to L.

Tag 1 (4 Counts)

1-4 Click heels together twice. Clap hands twice

Tag 2 (4 Counts)

1-4 Step R foot to R side. Touch L next to R. Step L foot to L side. Touch R next to L

Choreographer Contact: matt.vasquez@rocketmail.com