

Waltzed Yourself

拍数: 48 墙数: 4 级数: Intermediate - waltz
编舞者: Roosamekto Mamek (INA) - September 2013
音乐: You Waltzed Yourself Right Into My Life - Derek Ryan



Intro: 30 count from the first beat (on vocals)

BASIC WALTZ TURN ½ LEFT, TURN ½ RIGHT STEP FORWARD, TURN ½ RIGHT STEP BACK, RECOVER

1 - 3 Step L forward – Turn ½ left step R back – Step L beside R (6:00)
4 - 6 Turn ½ right step R forward – Turn ½ right step L back – Recover to R (6:00)

FORWARD, TURN ¼ LEFT, RECOVER, HINGED TURN ½ RIGHT (CROSS, BACK, SIDE)

1 – 3 Step L forward – Turn ¼ left step R to side – Recover to L (3:00)
4 – 6 Cross R over L – Turn ¼ right step L back – Turn ¼ right step R to side (9:00)

BASIC WALTZ TURN ½ LEFT, BASIC WALTZ BACK

1 – 3 Step L diagonally right (facing 10:30) – Turn ½ left step R back – Step L beside R
4 – 6 Step R back – Step L beside R – Step R slightly forward (4:30)

FORWARD L – R, STEP BESIDE, FORWARD R – L, STEP BESIDE

1 – 3 Step L forward – Step R forward – Step L beside R (4:30)
4 – 6 Step R forward – Step L forward – step R beside L (4:30)

WALTZ BOX TURN ¼ LEFT

1 – 3 Step L forward – Step R to side – Step L beside R
4 – 6 Turn 1/8 left step R back – Turn 1/8 left step L to side – Step R beside L (1:30)

WALTZ BOX TURN ¼ LEFT

1 – 3 Step L forward – Turn 1/8 left step R to side – Step L beside R (12:00)
4 – 6 Step R back – Turn 1/8 left step L to side – Step R beside L (10:30)

ROCK, RECOVER, BACK, ROCK, RECOVER, FORWARD

1 – 3 Rock L forward – Recover to R – Step L back
4 – 6 Rock R back – Recover to L – Step R forward (10:30)

CROSS, SIDE TURN 1/8 LEFT, CROSS, TURN ½ RIGHT, STEP BESIDE

1 – 3 Cross L over R – Turn 1/8 left step R to side – Cross L behind R
4 – 6 Turn ¼ right step R forward – Turn ¼ right step L to side – Step R beside L (3:00)

REPEAT

TAG: After wall 1 & 5

ROCK WITH SWAY LEFT, ROCK WITH SWAY RIGHT, TOUCH

1 - 3 Rock L to side sway to left – Rock R to side sway to right – Touch L beside R

RESTART: On wall 4 dance only 12 count and start the dance from the beginning

Contact: Roosamekto.Nugroho@gmail.com

Last Revision - 14th Sept 2013