

Deep Into My Soul

COPPER KNOB
STEPSHEETS

拍数: 52 墙数: 2 级数: Intermediate
编舞者: Ross Brown (ENG) - August 2013
音乐: Light of My Life - Belle Perez : (CD: Arena 2004)



16 count intro

Section 1: Lock Step, Flick, Cross, Side, Behind, Sweep, Weave, Back Rock, Spiral 1/2 Turn

- 1 & 2 & Step right forward. Lock left behind right. Step right forward. Flick left back to left diagonal.
- 3 & 4 & Cross left over right. Step right to side. Cross left behind right. Sweep right back.
- 5 & 6 & Cross right behind left. Step left to side. Cross right over left. Step left to side.
- 7 & Rock back on right. Recover onto left.
- 8 & Turn 1/4 left stepping right back. Turn another 1/4 left hooking left across right shin.

Section 2: Rumba Box, Side, Cross, Side, Kick, Side, Kick, Side, Kick

- 1 & 2 Step left to left side. Step right beside left. Step left forward. (6:00)
- 3 & 4 Step right to right side. Step left beside right. Step right back.
- 5 & 6 & Step left to side. Cross right over left. Step left to side. Kick right forward to right diagonal.
- 7 & Step right to side. Kick left forward to left diagonal.
- 8 & Step left to side. Kick right forward to right diagonal.

Section 3: Weave Left With Sweep, Weave Right With Hitch

- 1 & 2 & Cross right over left. Step left to side. Cross right behind left. Step left to side.
- 3 & 4 & Cross right over left. Step left to side. Cross right behind left. Sweep left back.
- 5 & 6 & Cross left behind right. Step right to side. Cross left over right. Step right to side.
- 7 & 8 & Cross left behind right. Step right to side. Cross left over right. Hitch right knee.

Section 4: Prissy Walks, Mambo 1/2 Turn, Step Lock Step

- 1 – 4 Walk forward and slightly across other foot - right, left, right, left.

Option Counts 3 – 4: make full turn left.

- 5 & 6 Rock forward on right. Rock back on left. Turn 1/2 right stepping right forward.
- 7 & 8 Step left forward. Lock right behind left. Step left forward. (12:00)

Restart Wall 5: Start the dance again from the beginning (facing 12:00).

Section 5: Step, Step, Pivot 1/2, Step, Step, Pivot 1/4, Forward Rock, Side Rock, Sailor Step

- 1 – 2 & Step right forward. Step left forward. Pivot 1/2 turn right.
- 3 – 4 & Step left forward. Step right forward. Pivot 1/4 turn left. (3:00)
- 5 & 6 & Rock forward on right. Recover onto left. Rock right to side. Recover onto left.
- 7 & 8 Cross right behind left. Step left to side. Step right to side (and slightly forward).

Section 6: Step, Step, Pivot 1/2, Step, Step, Pivot 1/4, Forward Rock, Side Rock, Sailor Step

- 1 – 2 & Step left forward. Step right forward. Pivot 1/2 turn left.
- 3 – 4 & Step right forward. Step left forward. Pivot 1/4 turn right. (12:00)
- 5 & 6 & Rock forward on left. Recover onto right. Rock left to side. Recover onto right.
- 7 & 8 Cross left behind right. Step right to side. Step left to side (and slightly forward).

Section 7: Heel, Hook, Heel, Flick 1/4 Turn (x 2)

- 1 & (Weight on left) Tap right heel forward. Hook right foot across left shin.
- 2 & Tap right heel forward. Turn 1/4 left flicking right foot back to right diagonal.
- 3 & Tap right heel forward. Hook right foot across left shin.
- 4 & Tap right heel forward. Turn 1/4 left flicking right foot back to right diagonal. (6:00)

Restart: One Restart during Wall 5 at the end of section 4

