

Try To Save Me

拍数: 64 墙数: 4 级数: Easy Intermediate
编舞者: Hayley Wheatley (UK) - September 2013
音乐: Try To Save Me - Mike + The Mechanics : (Album: The Road)



32 Count Intro

Forward, Touch, Coaster step, Rock, Recover, Shuffle ½ turn right.

- 1, 2 Step fwd on R foot, Touch L toe next to R foot.
- 3 & 4 Step back on L foot, Step R foot next to L, Step fwd onto L foot.
- 5, 6 Rock fwd onto R foot, Recover onto L foot.
- 7 & 8 Shuffle ½ turn over R shoulder, Stepping R,L,R. (6 O'Clock)

1/4 turn Chasse, Rock back, Recover, Kick ball cross, Side rock, Recover

- 1 & 2 Step L foot to L side while making ¼ turn right, Close R foot next to L, Step L foot to L side.
- 3, 4 Rock back R foot behind L, Recover onto L foot
- 5 & 6 Kick R foot fwd, Step onto ball of R foot, Cross L foot over R.
- 7, 8 Rock R foot to R side, Recover onto L foot. (9 O'Clock)

Restart here on wall 3

Behind, Side, Cross Shuffle, Monterey 1/2 Turn.

- 1, 2 Step R foot behind L, Step L foot to L side.
- 3 & 4 Cross R foot over L, Step L foot to L side, Cross R foot over L.
- 5, 6 Point L toe to L side, Make ½ turn L stepping L foot beside R.
- 7, 8 Point R toe to R side, Step R foot beside L. (3 O'Clock)

Rock back, Recover, Shuffle forward, Rock forward, Recover, Shuffle back.

- 1, 2 Rock back onto L foot, Recover onto R.
- 3 & 4 Step fwd onto L foot, Step R foot next to L, Step fwd onto L foot
- 5, 6 Rock fwd onto R foot, Recover onto L
- 7, 8 Step back onto right, Step L foot next to R, Step back onto R foot.

Toe, Kick, Cross, Back, Shuffle back, Rock back, Recover.

- 1, 2 Touch L toe next to R foot, Kick L foot fwd.
- 3, 4 Cross L foot across R, Step back onto R foot.
- 5 & 6 Step back on L foot, Step R foot next to L, Step back onto L foot.
- 7, 8 Rock back onto R foot, Recover onto L.

Toe, Kick, Cross, Back, Shuffle back, Rock back, Recover.

- 1, 2 Touch R toe next to L foot, Kick R foot fwd.
- 3, 4 Cross R foot across L, Step back onto L foot.
- 5 & 6 Step back on R foot, Step L foot next to R, Step back onto R foot.
- 7, 8 Rock back onto L foot, Recover onto R.

1/4 turn Syncopated vine left with point, Diagonal rock back, Recover, Diagonal Rock forward, Recover

- 1, 2 Step L foot to L side while making a ¼ turn right, Step R foot behind L.
- & 3, 4 Step L foot to L side, Cross R foot over L, Point L toe to L side.
- 5, 6 Rock back onto L foot (on slight diagonal facing 5 O'Clock.), Recover onto R.
- 7, 8 Rock fwd onto L foot (on slight diagonal facing 5 O'Clock, Recover onto R.

Sailor step, Sailor step ¼ turn right, Step lock step, Touch.

- 1 & 2 Step L foot behind R, Step R foot to R side, step L foot to L side (straightening up to 6 O'Clock).

3 & 4 Cross R Behind L making $\frac{1}{4}$ turn right, Step back onto L foot, Step fwd onto R foot.
5, 6 Step fwd on L foot, Lock R foot behind L.
7, 8 Step fwd onto L foot, Touch R foot beside L.

Start Again!

Restart: 1 Restart after count 16 on wall 3 facing 4 O'Clock

Tag: 1 Tag performed at the end of wall 6 facing 6 O'Clock.

Side Behind, Rock Right, Recover, Side Behind, Rock Right, Recover

1, 2 Step R foot to R side, Step L foot behind R.
3, 4 Rock R foot to R side, Recover onto L foot.
5, 6 Step R foot to R side, Step L foot behind R.
7, 8 Rock R foot to R side, Recover onto L foot.

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