

Try

拍数: 48 墙数: 4 级数: High Intermediate
编舞者: K. Sholes (USA) - September 2013
音乐: Try - P!nk : (Album: The Truth About Love)



BACK STEP KICKS, SIDE KNEE TWISTS

1-4 Step back R, kick L forward, step back L, kick R forward
5-8 Recover R next to L twisting to right on balls of feet & dipping knees, Twist back to front straightening knees, twist to left dipping knees, twist back to front straightening knees
(Arms are held out to the sides shoulder high during twists)

ROCK, RECOVER, 1/4 turn CHA-CHA, WALK, WALK, 1/4 turn CROSS

1-2 3&4 Rock forward R, Recover L, Step R 1/4 to right, Step L together, Step forward R
5-6 7&8 Walk forward L, Walk forward R, Step forward L, Pivot 1/4 right onto R, Cross L over R

STEP DRAGS, CROSS-SIDE ROCKS

1-4 Step long step to right on R, Drag L, Step long diagonal step to left on L, Drag R
5-8 Rock R across L, Recover L, Rock R to side, Recover L

STEP TAPS, JAZZ 1/4 TURN

1-4 Step forward R turning 1/4 to left, Tap L toe behind R, Step forward L turning 1/2 to right, Tap R behind L
5-8 Cross R over L, Step back on L turning 1/4 to left, Step R together, Step forward L

SAILOR WALKS, STEP SWEEPS

1&2 3&4 Cross R behind L, Step L to side, Step R in place; Cross L behind R, Step R to side, Step L in place
5-8 Step R turning 1/4 right, Sweep L forward, Step L forward, Sweep R forward (9:00)

HEEL TAPS, COASTER STEP, HEEL TAPS CROSS Cha-Cha

1-2 3&4 Tap R heel across L, Tap R heel forward, Step back R, Step back L, Step forward R
5-6 7&8 Tap L heel forward to left, Tap L heel forward, Cross L over R, Step R to side, Cross L over R

TAG: 12 count Tag at beginning of pattern on walls 3 (6:00), 5 (12:00), 7 (6:00)

1-8 Step R, Touch L next to R, Step L, Touch R next to L, Turn 1/4 to right on R, turn 1/4 to right on L, Turn 1/2 to right on R, Step L
1-4 Step R, Touch L next to R, Step L, Touch R next to L

Restart on wall 6 (9:00) after 40 counts

BEGIN AGAIN! ENJOY!

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