Sippin' Sumpin'



拍数: 32 墙数: 4 级数: Low Intermediate

编舞者: Tommy Bailey (USA) - April 2013

音乐: Whatcha Got In That Cup - Thomas Rhett



Alt: Outta Control (Original Radio Edit) by De-Lano

ROCK, RECOVER, BEHIND, SIDE, CROSS X2

Press ball of right foot right diagonal Forward to right, Recover on Left foot.

Step right foot behind left, & step left foot left, step right foot across left.

Press ball of left foot forward diagonal to left, Recover on right foot.

7&8 Step left foot behind right, & step right foot to right, step left foot across right (12 O' Clock)

STEP RIGHT, SWEEP LEFT 1/4 LEFT, LEFT COASTER STEP, TRIPLE LOCK FORWARD, , ½ TURN RIGHT

1-2 Step right foot to right, Sweep left foot around and back turning ¼ turn to left. Weight still on

right.

(Facing 9 0' Clock) (Option: On count 2instead of sweep Kick Left foot forward)

3&4 Step back on ball of left foot, & step ball of right next to left, step forward on left.

Step right forward, step lock left behind right, Step Forward On Right

7-8 Step forward Left 1/4 turn right. Step Right beside Left 1/4 turn right, (facing 3 o'clock)

STEP, TOUCH, BUMP & STEP FORWARD, ROCK, RECOVER, ½ TURNIG SHUFLLE LEFT.

1-2 Step left back, Touch right toe in front of left. (no weight)

3&4 Bump Right Hip Forward & Bump Left Hip Back, Step Forward On Right

5-6 Rock forward on ball of left foot, recover back on right.

7&8 Step back on ball of left foot ¼ turn left, & step ball of right beside left, step left to left ¼ turn

left. LRL (facing 9 o'clock

1/2 STEP TURN LEFT, TRIPLE FORWARD, ROCK RECOVER, COASTER

1-2 Step forward on ball of right foot, turn ½ turn to left weight on left.

Step forward on right foot, step left foot beside right, step forward right (facing 3 o'clock)

Option: Step back on right ½ turn to left, & step forward on left ½ turn to left, step forward on right. RLR

5-6 Rock forward Left, Recover Back On Right.

7&8 Step Back ball of left, & Step Ball Of right Beside Left, Step left Forward

TAG On 3rd. Wall facing 6'o Clock. Do the following 8 Count Tag. Then Start Dance from Top (only to music Whatcha Got In That Cup)

STEP, TOUCH, STEP, BRUSH, MODIFIED RIGHT JAZZ BOX

1-2 Step right diagonally back to right, Touch Left toe next to right foot.3-4 Step Left foot back diagonally to left, Brush right foot forward

5-8 Step right forward across left, Step left back, Step back on right, Step left across right.

Start Over & enjoy

Revised 06/10/2013

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