Same Old Town



编舞者: DJ Dan (NL) & Winnie (NL) - July 2012

音乐: It's All Over Now (feat. Shannon Noll) - Adam Harvey: (CD: Both Sides Now)



16 count intro.

[1-8] TOE STRUTS SIDE/ACROSS, SIDE-TOG-BACK, BACK ROCK, STEP-1/4 PIVOT-CROSS

1& Step on Right toe to right side. Drop Right heel2& Cross Left toe over Right. Drop Left heel

3&4 Step Right to right side. Step Left next to Right. Step Right back.

5-6 Rock Left back. Recover onto Right.

7&8 Step Left forward. Pivot 1/4 turn right. Cross Left over Right [3]

[9-16] TOE TOUCHES SIDE-TOGETHER-SIDE, FLICK 1/4 L, LOCK STEP FWD, ROCK STEP FWD, TRIPLE 1/2 L.

1&2	Touch Right toe to right side,	Touch Right toe next to Left.	Touch Right toe to right side
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& Kick Right back making 1/4 turn left [12]

3&4 Step Right forward. Lock Left behind Right. Step Right forward.

5-6 Rock Left forward. Recover onto Right.

7&8 Triple 1/2 turn left stepping Left, Right, Left [6] (R)

[17-24] KICK-BALL-POINT, SHUFFLE FWD, HEEL SWITCHES, STEP-PIVOT 1/4 L.

1&2	Kick Right forward.	Step on ball of Rig	ht next to Left.	Touch Left toe to left side
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3&4 Shuffle forward stepping Left, Right, Left

Touch Right heel forward. Step Right next to Left.Touch Left heel forward. Step Left next to Right.

7-8 Step Right forward. Pivot 1/4 turn left [3]

[25-32] CROSS ROCK & SIDE, R & L, JAZZ BOX CROSS

1&2 Cross rock Right over Left. Recover onto Left. Step Right to right side.
3&4 Cross rock Left over Right. Recover onto Right. Step Left to left side.

5-8 Cross Right over Left. Step Left back. Step Right to right side. Cross Left over Right.

Restart: on wall 6.

Dance the first 16 counts of the dance, then restart de dance again.

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