

Applause

COPPER KNOB
STEPSHETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Regina Cheung (CAN) - September 2013
音乐: Applause - Lady Gaga



Intro : 32 counts (0:13) - No Tag No Restart

Sec 1: Walk Walk, Out Out, In In, Kick Ball Change

1 2 Step right forward, Step left forward
3 4 Step right out, Step left out (should width)
5 6 Step right in, Step left next to right
7&8 Kick right forward, step ball of right next to left, step left in place (12:00)

Sec 2: Monterey 1/4 R, Monterey Step, Monterey 1/4 R, Monterey Step

1 2 Point right toe to right side, 1/4 turn right step right next to left
3 4 Point left toe to left side, Step left next to right
5 6 Point right toe to right side, 1/4 turn right step right next to left
7 8 Point left toe to left side, Step left next to right (6:00)

Sec 3: Right Side Behind Side Touch, Left Side Behind Side Touch

1 2 3 4 Step right to right side, Step left behind right, Step right to right side, Touch left next to right
5 6 7 8 Step left to left side, Step right behind left, Step left to left side, Touch right next to left (6:00)

Sec 4: Rocking Chair, Right Pivot 1/4 Left, Step Together (Clap X 3)

1 2 Right rock forward, Recover on left
3 4 Right rock back, Recover on left
5 6 Step right forward, Pivot 1/4 left
7&8 Step right next to left (7) (Clap X 3 – syncopated rhythm) (3:00)

(shift weight to left)

START AGAIN

Happy Dancing =D

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