

# Angel On The Beach

COPPERKNOB  
STEPSHEETS

拍数: 64      墙数: 4      级数: Intermediate  
编舞者: Manuela Treuheit - September 2013  
音乐: Mermaid - Train : (iTunes)



Sequence: 64, 48 restart, 64, 48 restart, 16, 6 count Tag, restart, 64  
Introduction: 16 counts

## (1-8) R Kick Ball Change, R Sailor, L Kick Ball Change, L Heel Grind ¼ Turn L

1&2      Kick R Foot Forward, Step R Foot Back (Next To L), Step In Place On L Foot  
3&4      Rock R Behind L, Step L Foot Out To L Side, Step R Foot Out To R Side  
5&6      Kick L Foot Forward, Step L Foot Back (Next To R), Step In Place On R Foot  
7&8      Grinding The Left Heel Forward Into The Floor While Swiveling L Toe All The Way To L And  
Turning ¼ L, Recover Weight Back On R, Step L Back Next To R (Weight L) 9 O`Clock

## (9-16) R Sailor, L Sailor, Out-Out, In-In

1&2      Rock R Foot Behind L, Step L Foot Out To L Side, Step R Foot Out To R Side  
3&4      Rock L Foot Behind R, Step R Foot Out To R Side, Step L Foot To L Side  
5-6      Step Diagonally Forward With R, Step Diagonally Forward With L,  
7&8      Step R Foot Diagonally Back, Step L Foot Diagonally Back (Weight Is On L), Touch R Toes  
In Place (9 O`Clock)

(Here: 6 Count Tag And Restart On Wall 5)

## (17-24) Crossing Heel Jack With ¼ Turn R, ½ Turn L, L Coaster Cross And Cross And Cross

1&2&      Cross R Over L, Step L To The Side By Turning ¼ To The R, Touch R Heel Forward, Step R  
Back Next To L (Weight Is On R) (12 O`Clock)  
3-4      Step Forward On L, Turn ½ Turn Over Left By Stepping R Foot Back ( 6 O`Clock)  
5&6&      Step Back On L, Step R Next To L, Cross L Over R, Step R To The R  
7&8      Cross L Over R, Step R To The R, Cross L Over R

## (25-32) Rock Recover, Behind Side Cross, Rock Recover, L Coaster Step

1-2      Step R To The Side, Recover Weight Back On L  
3&4      Step R Behind L, Step L To The Side, Cross R Over L  
5-6      Step L To The Side, Recover Weight Back On R  
7&8      Step Back On L, Step R Next To L, Step L Foot Forward (6 O`Clock)

## (33-40) Heel Hook, Heel Touch, ½ Rumba Box R, Heel Touch, Side Touch, ½ Turn L

1&2&      Touch R Heel Forward, Hook R Heel In Front Of L Leg, Touch R Heel Forward, Touch R  
Toes Next To L Foot  
3&4      Step R Foot To The R , Step L Foot Next To R, Step R Foot Forward  
5&6&      Touch L Heel Forward, Touch L Toes Back Next To R, Touch L Toes To The L, Touch L  
Toes Back Next To R  
7-8      Touch L Toes Behind R Foot, Turn ½ Turn Left On Your Toes, Weight Is On L Foot (12  
O`Clock)

## (41-48) Rock Recover, ½ Triple Turn R, ½ Triple Turn R, R Coaster Step

1-2      Step Forward On R, Recover Weight Back On L  
3&4      Triple ½ Turn R, Stepping Right-Left-Right (6 O`Clock)  
5&6      Triple ½ Turn R, Stepping Left-Right-Left (12 O`Clock)  
7&8      Step Back On R, Step L Next To R, Step Forward On R

(Last Step Is A R Touch Next To L, When You Restart On Wall 2 And 4)

## (49-56) Step, 1/4 Turn R With A Cross, Rumba Box, R Coaster Step

1&2 Step Forward On L, Turn  $\frac{1}{4}$  To The R, Cross L Foot Over R (3 O`Clock)  
3&4 Step R To The Side, Step L Next To R, Step Forward On R (Weight Is On R)  
5&6 Step L To The Side, Step R Next L, Step Back On L  
7&8 Step Back On R, Step L Next To R, Step Forward On R

**(57-64) Step,  $\frac{1}{4}$  Turn R With A Cross,  $\frac{1}{4}$  Turn L,  $\frac{1}{2}$  Turn L, R Coaster Forward, L Coaster Back**

1&2 Step Forward On L, Turn  $\frac{1}{4}$  To The R, Cross L Over R (6 O`Clock)  
3-4 Step R Foot Back, By Turning  $\frac{1}{4}$  To The L, Step Back On L And Turn At The Same Time  $\frac{1}{2}$   
To The L (9 O`Clock)  
5&6 Step Forward On R, Step L Next To R, Step Back On R  
7&8 Step Back On L, Step R Next To L, Step Forward On L

**Tag: On 5th Wall After 16 Counts**

**(1-6) Jazz Box To The L, R Kick Ball Change**

1-2 Cross R Over L, Step Back On L  
3-4 Step R To The Right Side, Step L Next To R (Weight Is On L)  
5&6 Kick R Foot Forward, Step R Foot Back Next To L, Step In Place On L Foot

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