

# Applause

COPPER KNOB  
STEPSHEETS

拍数: 64      墙数: 1      级数: Phrased Sequential Intermediate  
编舞者: Vincent Ng - September 2013  
音乐: Applause - Lady Gaga



Intro: 32 Counts - Sequence: A, A, A, B, B, A, A, A, B, B, A, A, B, B, Ending

## PART A (32 COUNTS)

### SEC 1: WALK FORWARD & CLAP X2, JAZZ BOX CROSS

1-4            Walk forward on R foot, clap hands twice, walk forward on L foot, clap hands twice (12.00)  
5-8            Cross R foot over L foot, step L foot back, step R foot to R side, cross L foot over R foot  
(12.00)

### SEC 2: TOUCH & HIP BUMP, SAILOR CROSS, TOUCH & HIP BUMP, SAILOR CROSS

1&2            Touch R toes to R side as bumping hips to the R, bump hips to the L side, bump hips to R  
side as slightly sweeping R foot from front to back (12.00)  
3&4            Cross R foot behind L foot, step L foot to L side, cross R foot over L foot (12.00)  
5&6            Touch L toes to L side as bumping hips to the L, bump hips to the R side, bump hips to L side  
as slightly sweeping L foot from front to back (12.00)  
7&8            Cross L foot behind R foot, step R foot to R side, cross L foot over R foot (12.00)

### SEC 3: TOE STRUT X2, STEP, HEEL-TOE-HEEL

1-4            Touch R toes forward, drop R heel in place, touch L toes forward, drop L heel in place  
(12.00)  
5-8            Step R foot to R side, swivel L heel inward to R foot, swivel L toes inward to R foot, swivel L  
heel inward to R foot (12.00)

### SEC 4: SYNCOPATED JUMP & CLAP, JAZZ BOX STEP

&1-2            Jump R and L feet forward (slightly to the sides), clap both hands (12.00)  
&3-4            Jump R and L feet back, clap both hands (12.00)  
5-8            Cross R foot over L foot, step L foot back, step R foot to R side, step L foot beside R foot  
(12.00)

## PART B (32 COUNTS)

### SEC 1: KICK STEP BACK ROCK, WALK FORWARD X2, KNEE POP, BUTTERFLY STEP

1&2&            Kick R foot forward, step R foot in place, rock L foot back, recover weight on R foot (12.00)  
3-4            Walk forward on L foot, walk forward on R foot slightly to R side (12.00)  
5-6            (Neutral weight) – swing/pop R knee inwards, swing/pop R knee out (12.00)  
7-8            Swing/pop both knees in, swing/pop both knees out (12.00)

### SEC 2: COASTER STEP, SCUFF HITCH TOUCH, BOOTY ROLL X2

1&2            Step L foot back, step R foot beside L foot, step L foot forward (12.00)  
3&4            Scuff R foot forward, low hitch on R foot, touch R toes forward (12.00)  
5-8            Roll booty/hips in a circular motion as if you are riding on a wheel x2 (12.00)

### SEC 3: HIP-HOP CROSS ROCK STEPS, MONTEREY ¼ TURN R, MONTEREY ¼ TURN L

1&2            Cross rock R foot over L foot, recover weight on L foot, step R foot to R side (12.00)  
3&4            Cross rock L foot over R foot, recover weight on R foot, step L foot to L side (12.00)  
5-8            Point R toes to R side, turn ¼ R stepping R foot in place, point L toes to L side, turn ¼ L  
stepping L foot in place (12.00)

### SEC 4: STEP, KICK BALL CROSS, KICK, STEP, KICK BALL CROSS, POINT

1-2&3-4            Step R foot in place, kick L foot to L diagonal, step L foot beside R foot, cross R foot over L  
foot, kick L foot to L diagonal (12.00)

5-6&7-8 Step L foot in place, kick R foot to R diagonal, step R foot beside L foot, cross L foot over R foot, point R toes to R side (12.00)

**ENDING (6 COUNTS)**

**HANDS MOVEMENT**

1-2 Stretch R arm forward, stretch L arm forward  
3-4 Place R hand on L shoulder, cross L hand over R hand and place on R shoulder  
5-6 Throw R arm in the air, throw L arm in the air

**For music or any other inquiry, kindly contact: [vincent\\_ngdance@yahoo.com](mailto:vincent_ngdance@yahoo.com)**

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