

Forget All Your Yesterdays

COPPER KNOB
BY STEPHEN

拍数: 48 墙数: 2 级数: Improver
编舞者: Beth Mills (AUS) - April 2001
音乐: Someone Must Feel Like a Fool Tonight - Kenny Rogers : (Album: Back Home Again)



Dance Beat: slow

Start: Feet together, weight on right foot

*** Twinkle, twinkle (side waltz with a cross):**

1- 3 Cross LEFT over RIGHT, step RIGHT together, step LEFT together,
4- 6 Cross RIGHT over LEFT, step LEFT together, step RIGHT together,

*** Waltz forward with L 1/2 turn, waltz forward with R 1/2 turn:**

5- 8 Step LEFT forward, make 1/2 turn LEFT & step RIGHT back, step LEFT together,
9-12 Step RIGHT forward, make 1/2 turn RIGHT & step LEFT back, step RIGHT together,

*** Vine right, 1/2 turn, rock:**

13-15 Cross LEFT over RIGHT, step RIGHT to RIGHT side, cross LEFT behind RIGHT foot,
16-18 Step RIGHT to RIGHT, make 1/2 turn RIGHT & step LEFT to LEFT, rock/step RIGHT to
RIGHT side,

*** Vine right, 1/2 turn, rock:**

19-21 Cross LEFT over RIGHT, step RIGHT to RIGHT side, step LEFT behind RIGHT foot,
22-24 Step RIGHT to RIGHT, make 1/2 turn RIGHT & step LEFT to LEFT, rock/step RIGHT to
RIGHT side,

*** Waltz to right diagonal, waltz back with 1/2 turn:**

25-27 Make 1/8 turn RIGHT & step LEFT forward, step LEFT together, step RIGHT together,
28-30 Step RIGHT back, make 1/2 turn RIGHT & step LEFT together, step RIGHT together,

*** Waltz forward (facing diagonal), waltz back with 5/8 turn:**

31-33 Step LEFT forward, step LEFT together, step RIGHT together,
34-36 Step RIGHT back, make 5/8 turn LEFT & step LEFT together, step RIGHT together [to face
starting wall],

*** Slow sailor, slow sailor:**

37-39 Cross LEFT behind RIGHT, step RIGHT to RIGHT side, rock/step LEFT to LEFT side,
40-42 Cross RIGHT behind LEFT, step LEFT to LEFT side, rock/step RIGHT to RIGHT side,

*** Behind, 1/4 turn, 1/4 turn waltz back:**

43-45 Cross LEFT behind RIGHT, 1/4 turn RIGHT & step RIGHT forward, make 1/4 turn RIGHT &
step LEFT together,
46-48 Step RIGHT back, step LEFT together, step RIGHT together.

Repeat

Transcribed: David Powell, 12th July, 2001.

<http://xenon.triode.net.au/~dragon/ldance>

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