Jump In Samba

拍数: 56

级数: High Beginner

编舞者: Jean Welser (USA) - July 2013

音乐: Jump Right In - Zac Brown Band

Intro: 16 counts after first "teaser" line of singing "...an island lullaby"____

SAMBA WALKS (OR TRIPLES) AND BOTA FOGOS (OR SCISSORS)

- Shuffle forward with light bouncing action, right, left, right &1&2
- &3&4 Shuffle forward with light bouncing action, left, right, left
- &5&6 Side step to right (right hip extended), left ft. step in place, right foot cross over left, lt. bouncing action
- &7&8 Side step to left (left hip extended), right ft. step in place, left foot cross over right, lt. bouncing action

STEP BACKS AND ROCK BACKS

- &1&2 Step back with right, step back with left (no bounce)
- &3&4 Touch back with right foot, hip bump right to take up count (no bounce)
- &5&6 Touch back with left foot, hip bump left to take up count (no bounce)
- &7&8 Touch back with right foot, hip bump right to take up count (no bounce)

FOUR VOLTAS TO RIGHT

- &1&2 Step to side with right foot, cross left over right with full hip rotation-&3&4, &5&6, repeat 3 times for 8 counts total
- &7&8

FOUR WHISKS (OR NIGHT CLUBS)

- Right foot to side, left foot behind, step on right (like night club 2 step but with bounce) &1&2
- &3&4 Left foot to side, right foot behind, step on left (like night club 2 step but with bounce)
- Right foot to side, left foot behind, step on right as above &5&6
- &7&8 Left foot to side, right foot behind, step on left as above

JUMPS AND MERENGUE SIDE STEPS (DO THIS 8 COUNT SEQUENCE TWICE)

- &1,2, &3,4 Jump forward (right foot first, then left); jump back (right foot first, then left)
- &5&6. &7&8 Step to right, close with left, step to right, close with left (like meringue)

FOUR SAILOR STEPS (REPEAT SEQUENCE FOR 8 COUNTS)

- &1&2 Right behind left, left step in place, right step to right
- & 3&4 Left behind right, right step in place, left step to left

TAGS & RESTARTS

End verse 1 : 16 count musical interlude. Do 12 count "imitation samba roll" (½ turn to face back wall) and 4 count shimmy

Verse 3: ("La La La" interlude) Do basic dance through first set of whisks - then do 8 count (1/2 turn) " imitation samba roll" and 4 count shimmy -

then hold for one count while music pauses, and restart dance for verse 4

Verse 4: (Ending) Do a second set of 4 sailors, then shimmy for last few counts until end of music

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