

# Arriba Las Manos

**COPPER** **KNOB**  
STEPSHEETS

拍数: 96                      墙数: 1                      级数: Phrased Intermediate  
编舞者: Guenther Wodlei (AUT) - September 2013  
音乐: Sube Las Manos pa Arriba by Pitpull engl.



Start after 16 counts - Seq: B, AA,C,B, AA,C,B, A, C, B,B

## Part A: 32 counts

### SHUFFLE FWD, STEP,STEP, SHUFFLE FWD, ½ STEP TURN LEFT

1&2                      Step forward on Right. Left on Right. Step forward on Right  
3,4                      Step Left forward, Step Right forward  
5&6                      Step forward on Left. Right on Left. Step forward on Left  
7,8                      Step forward on Right. 1/2 Step turn Left.

### MAMBO SIDE, MAMBO SIDE, MAMBO FWD., COASTER STEP

1&2                      Rock step Right out to side, replace weight onto Left, step Right to Left  
3&4                      Rock step Left out to side, replace weight onto Right, step Left to Right  
5&6                      Rock step forward on Right, replace weight back on Left, step back on Right  
7&8                      Step back on Left, Right to Left, Step forward on Left

### SHUFFLE FWD, STEP, STEP, SHUFFLE FWD, ½ STEP TURN LEFT

1&2                      Step forward on Right. Left on Right. Step forward on Right  
3,4                      Step Left forward, Step Right forward  
5&6                      Step forward on Left. Right on Left. Step forward on Left  
7,8                      Step forward on Right. 1/2 Step turn Left.

### CROSS, SIDE, HEEL & CROSS, SIDE, HEEL, MAMBO FWD, COASTER STEP

1&2                      Step Right over Left, Left side, touch Right Heel diag.  
&3&4                      Right to Left, Step Left over Right, Right to side, touch Right heel diag.  
&5&6                      Left to Right, Rock step forward on Right, replace weight back on Left, step back on Right  
7&8                      Step back on Left, Right to Left, Step forward on Left

## Part B: 32 counts

### SIDE, CROSS, CHASSE, JAZZBOX CROSS

1, 2                      Step Right to side, Left cross over Right  
3&4                      Step Right to Right side, Step Left next to Right, Step Right to right side  
5, 6                      Cross Left over Right. Step Right back..  
7, 8                      Step Left to left side. Cross Right over Left

### SIDE, CROSS, CHASSE, JAZZBOX CROSS

1, 2                      Step Left to side, Right cross over Left  
3&4                      Step Left to left side, Step Right next to Left, Step Left to left side  
5, 6                      Cross Right over Left. Step Left back  
7, 8                      Step Right to Right side. Cross Left over Right

### MAMBO SIDE, MAMBO SIDE, MAMBO FORWARD, COASTER STEP

1&2                      Rock step Right out to side, replace weight onto Left, step Right on Left  
3&4                      Rock step Left out to side, replace weight onto Right, step Left on Right  
5&6                      Rock step forward on Right, replace weight back on Left, step back on Right  
7&8                      Step back on Left, Right to Left, Step forward on Left

### SHUFFLE FWD., ½ STEP TURN RIGHT, SHUFFLE FWD., ½ STEP TURN LEFT

1&2                      Step forward on Right. Left on Right. Step forward on Right

3,4 Step forward on Left, ½ turn right  
5&6 Step forward on Left. Right on Left. Step forward on Left  
7,8 Step forward on Right, ½ turn left

**PART C: 32 counts**

**STEP, STEP , JUMP OUT-OUT,CLAP, IN- IN,CLAP, HIP BUMPS RIGHT & LEFT**

1,2 Step forward on Right, Step forward on Left  
&3,4 Jump, out – out ( Right - Left), Clap  
&5,6 Jump, in-in (Right-Left), clap  
7,8 Hip pump to right side and left side

**SAILOR STEP, ¼ LEFT SAILOR TURN, SHUFFLE FWD., ½ TURN WITH HOOK AND CLAP**

1&2 Step Right behind Left, Step Left to left side, Step Right diag. to right side  
3&4 Step left with ¼ turn left behind Right, Step Right to right side, Step Left diag. to left side  
5&6 Step forward on Right. Left on Right. Step forward on Right  
7,8 Step Left forward, ½ turn right with hook and clap

**STEP, STEP , JUMP OUT-OUT,CLAP, IN- IN,CLAP, HIP PUMPS RIGHT & LEFT**

1,2 Step forward on Right, Step forward on Left  
&3,4 Jump, out – out ( Right - Left), Clap  
&5,6 Jump, in-in (Right-Left), clap  
7, 8 Hip pump to right side and left side

**SAILOR STEP, ¼ LEFT SAILOR TURN , MAMBO FWD., COASTER STEP**

1&2 Step Right behind Left, Step Left to left side, Step Right diag. to right side  
3&4 Step left with ¼ turn left behind Right, Step Right to right side, Step Left diag. to left side  
5&6 Rock step forward on Right, replace weight back on Left, step back on Right  
7&8 Step back on Left, Right to Left, Step forward on Left

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