

Things Change

拍数: 32 墙数: 4 级数: Intermediate
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音乐: Everything Has Changed (feat. Ed Sheeran) - Taylor Swift



Walk x2, mambo step, full turn R, walk back x2, out, out, in, cross

1, 2 Walk forward on right, left
3& Rock forward on RF, recover weight onto LF
4& Make a 1/2 turn right stepping forward on RF, make a 1/2 turn right stepping back on LF
5, 6 Walk back on right, left
7&8& Step RF to right side, step LF to left side, step RF to center, cross LF in front of right

RESTART: On wall 4 there's a restart after the first 8 counts

Basic night club R, 1/2 turn, side, cross, diagonal walk fwd and back

1 Step RF to right side
2&3 Step LF beside right, step RF in front of left, step LF to left side
4& Turn a 1/2 turn right and step RF to right side, step LF in front of right
5&6 Walk forward on right diagonal with right, left, right (7.30)
7&8 Step back on left diagonal with left, right, left (1.30)

Circle lock step, sweep, 1/2 diamond pattern

1& Make an 1/8 turn right stepping forward on RF, close LF to right,
2& Make a 1/4 turn right stepping forward on RF, close LF to right
3& Make a 1/4 turn right stepping forward on RF, close LF to right
4 Make a 1/4 turn right stepping forward on RF sweeping LF from back to front
5&6 Step LF in front of right, step RF to right side, make an 1/8 turn left stepping back on LF (facing 4.30)
7&8 Step back on RF, make an 1/8 turn left stepping LF to side, cross RF over left, (facing 3.00)

Cross rock x2, pivot 1/2 turn, fwd, full turn R, together

& Step LF to left side
1-2& Cross rock RF over left, replace weight on LF, Step RF to right side
3-4& Cross rock LF over right, replace weight on RF, Step LF to left side
5-6 Step forward RF, pivot 1/2 turn left
7&8& Step forward on RF, 1/2 turn right stepping LF back, 1/2 turn right stepping RF forward, step LF together (9:00)

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