

Cape of Our Hero

拍数: 32 墙数: 2 级数: High Beginner
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音乐: Cape of Our Hero - Volbeat



Intro: 56 counts

R diagonal step lock, step lock step, L diagonal step lock, step lock step

1-2 Step R to R diagonal, lock L behind R
3&4 Step R to R diagonal, lock L behind R, step R to R diagonal
5-6 Step L to L diagonal, lock R behind L
7&8 Step L to L diagonal, lock R behind L, Step L to L diagonal

R Jazz box, R chasse, cross rock recover

1-2 Cross R over L, step back on L
3-4 Step R to R side, cross L over R
5&6 Step R to R side, step L next to R, step R to R side
7-8 Step L across R, recover on R

L chasse ¼ turn, pivot ½ turn, side rock, cross shuffle

1&2 Step L to L side, step R next to L, step L ¼ turn L
3-4 Step R fw, pivot ½ turn left
5-6 Rock R to R side, recover on L
7&8 Cross R over L, step L to L, cross R over L

Side rock, sailor ¼, pivot ½ turn, heel switches

1-2 Rock L to L side, recover on R
3&4 Cross L behind R turning ¼ L, step R to R side, chance weight to L
5-6 Step R fw, pivot ½ turn left
7&8& Touch R heel forward, step R beside L, touch L heel forward, step L beside R

Tags: Tag 1 after walls 1, 3, 4 – Tag 2 after wall 2

Tag 1: 8 counts - Grapevine R touch, grapevine L scuff

1-2 Step R to R side, step L behind R
3-4 Step R to R side, touch L next to R
5-6 Step L to L side, step R behind L
7-8 Step L to L side, scuff R next to L

Tag 2: 16 counts – Grapevine R touch, grapevine L scuff, 4 x paddle turns L

1-2-3-4 Step R to R side, step L behind R, Step R to R side, Touch L next to R
5-6-7-8 Step L to L side, step R behind L, Step L to L side, Scuff R next to L
1-2-3-4 Step R fw, paddle ¼ turn L, Step R fw, paddle ¼ turn L
5-6-7-8 Step R fw, paddle ¼ turn L, Step R fw, paddle ¼ turn L

Ending: Wall 10 dance first 8 counts and make pivot ½ turn Left

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