

Jelly Bean Reel

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Karen Hannaford (NZ) - August 2013
音乐: Black Jelly Bean Reel - Marian Burns : (Album: The Paris Sessions)



Start after 16 counts

[1-8] SIDE ROCK, TOG, SIDE ROCK, TOG, FWD, TOG, FWD SHUFFLE

1&2 Rock R to right side, recover weight on L, step R tog [12:00]
3&4 Rock L to left side, recover weight on R, step L tog.
5,6,7&8 Step R fwd, step L tog, step R fwd, step L tog, step R fwd.

[9-16] HEEL, HOOK, HEEL, TOG, HEEL, HOOK, HEEL, TOG, ½ PIVOT, FWD, TOG.

1&2& Touch L heel fwd, hook L heel across right ankle, touch L heel fwd, step L beside right.
3&4& Touch R heel fwd, hook R heel across left ankle, touch R heel fwd, step R beside left
5,6,7,8 Step L fwd, pivot ½ R (weight to R), step L fwd, step R beside left. [6:00]

Slower option for counts 1-4:

1,2 Touch L heel forward, step L beside right
3,4 Touch R heel forward, step R beside left

[17-24] CROSS, SIDE, SAILOR STEP, CROSS, SIDE, SAILOR STEP.

1,2, 3&4 Cross L over right, step R to right side, step L behind right, step R to right side, step L to left side
5,6,7&8 Cross R over left, step L to left side, step R behind left, step L to left side, step R to right side

[25-32] ½ PIVOT, ½ PIVOT, FWD ROCK, COASTER STEP

1,2 Step L fwd, pivot ½ R taking weight on right [12:00]
3,4 Step L fwd, pivot ½ R taking weight on right [6:00]
5,6,7&8 Rock L fwd, recover weight on R, step L back, step R next to left, step L fwd

[33-40] SIDE, HOLD, TOG, SIDE ROCK, CROSS SHUFFLE, ¼, ¼, CROSS

1,2&3,4 Step R to right side, hold, step L next to right, rock R to right side, recover weight on L
5&6 Cross R over left, step L to side, cross R over left
7&8 Turn ¼ right and step L back, turn ¼ right and step R to side, cross L over right [12:00]

[41-48] SIDE, HOLD, TOG, SIDE ROCK, CROSS SHUFFLE, ¼, ¼, CROSS

1,2&3,4 Step R to right side, hold, step L next to right, rock R to right side, recover weight on L
5&6 Cross R over left, step L to side, cross R over left
7&8 Turn ¼ right and step L back, turn ¼ right and step R to side, cross L over right [6:00]

[49-56] SIDE, TAP, SIDE, TAP, SIDE, TAP, HEEL, TOG, HEEL, COASTER STEP

1,2 Step R to right side, tap L next to right
&3&4 Step L to left side, tap R next to L, Step R to right side, tap L next to right
5&6 Touch L heel fwd, step L next to right, Touch R heel fwd
7&8 Step R back, step L next to right, step R fwd.

[57-64] SIDE, TAP, SIDE, TAP, SIDE, TAP, HEEL, TOG, HEEL, COASTER STEP

1,2 Step L to left side, tap R next to left
&3&4 Step R to right side, tap L next to right, Step L to left side, tap R next to L
5&6 Touch R heel fwd, step R next to left, Touch L heel fwd
7&8 Step L back, step R next to left, step L fwd. [6:00]

Start again!

ENDING Wall 5 dance to count 46 (the cross shuffle – you'll be facing the front) then step L to side and drag R to left.

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