

Glorious Livin'

拍数: 64 墙数: 4 级数: Improver
编舞者: Karl-Harry Winson (UK) - August 2013
音乐: Glorious Beach Livin' - Club des Belugas : (Album: Forward - 3.35)



Intro: 32 Counts from main tune (15 Secs).....(BPM: 164)

Grapevine 1/4 Turn Right. Scuff. 1/4 Turn Right. Grapevine 1/4 Turn Left. Scuff.

- 1 – 2 Step Right to Right side. Cross Left behind Right.
- 3 – 4 Make 1/4 turn Right stepping Right forward. Scuff Left beside Right. 3.00
- 5 – 6 Make 1/4 turn Right and step Left foot to Left side. Cross Right behind Left. 6.00
- 7 – 8 Make 1/4 turn Left stepping Left forward. Scuff Right beside Left. 3.00

Step. 1/2 turn Left. Forward Step. Hold. Triple Full Turn Right. Hold.

- 1 – 4 Step forward on Right. Pivot 1/2 turn Left. Step forward on Right. Hold. 9.00
- 5 – 8 Make 1/2 turn Right stepping Left back. Make 1/2 turn Right stepping Right forward. Step Left forward. Hold.

Alternative Steps: Counts 5 – 8 can be replaced with a Left Triple Step/Shuffle Forward. Hold.

Forward-Touch. Back Step-Flick. Right Coaster Step. Hold.

- 1 – 2 Step forward on Right. Touch Left behind Right.
- 3 – 4 Step back on Left. Flick Right foot forward.
- 5 – 8 Step back on Right. Step Left beside Right. Step forward on Right. Hold.

Forward-Touch. Back Step. Sweep. Sailor 1/4 Turn. Hold.

- 1 – 2 Step forward on Left. Touch Right behind Left.
- 3 – 4 Step back on Right. Sweep Left foot from front to behind Right.
- 5 – 8 Cross Left behind Right making 1/4 turn Left. Step Right beside Left. Step Left forward. Hold. 6.00

Right Modified Rumba Box.

- 1 – 4 Step Right to Right side. Close Left beside Right. Step back on Right. Hold.
- 5 – 8 Step Left to Left side. Close Right beside Left. Make 1/4 turn Left stepping Left forward. Hold. 3.00

Right Modified Rumba Box.

- 1 – 4 Step Right to Right side. Close Left beside Right. Step back on Right. Hold.
- 5 – 8 Step Left to Left side. Close Right beside Left. Make 1/4 turn Left stepping Left forward. Hold. 12.00

Right Mambo 1/2 Turn. Left Mambo 1/4 Turn.

- 1 – 4 Rock forward on Right. Recover weight back on Left. Make 1/2 turn Right stepping Right forward. Hold. 6.00
- 5 – 8 Rock forward on Left. Recover weight back on Right. Make 1/4 turn Left stepping Left forward. Hold. 3.00

Right Mambo Step. Flick. Left Coaster Step. Hold.

- 1 – 4 Rock forward on Right. Recover weight back on Left. Step back on Right. Flick Left foot forward.
- 5 – 8 Step back on Left. Step Right beside Left. Step forward on Left. Hold.

Styling for counts 5 – 8 (for fun):

- 5 – 8 Step back on Left. Step Right beside Left (CLAP HANDS). Stomp Forward on Left (with a slight lean forward & hands out to either side.....Right hand slightly higher.....Left hand slightly lower with JAZZ HANDS). Hold.

Start Again!

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