

# TriumF!

COPPER KNOB  
STEPSHEETS

拍数: 64      墙数: 2      级数: Intermediate - Pop/Funky  
编舞者: Jannie Tofte Stoian (DK) & Kirsten Matthiessen (DK) - August 2013  
音乐: TriumF (feat. Providers) - Outlandish : (iTunes)



**Intro: 32 count intro – on first main beat (app. 18 sec. into track) –**

**Option: start the dance with the last sailor step on 8& side step 1.**

**2 Restarts: 1st on wall 2 after 32 counts facing 12:00. 2nd on wall 5 after 32 counts facing 06:00.**

## [1-8] Side rock, Ball side rock, Ball rocking Chair, Walk x2

1-2            Rock L to L side, recover onto R 12:00  
&3-4         Step L next to R, rock R to R side, recover onto L 12:00  
&5&6&       Step R next to L, rock L fw, recover onto R, rock L back, recover onto R 12:00  
7-8            Walk fw L R 12:00

## [9-16] Rock step, Ball cross, ¼ R, Side switches, Step slide collect

1-2            Rock L fw, recover onto R 12:00  
&3&4         Step L next to R, cross R over L, turn ¼ R stepping L back 03:00  
5&6&         Point R to R side, step R next to L, point L to L side, step L next to R 03:00  
7-8            Big step to R side, slide L next to R stepping down on L 03:00

## [17-24] Bounce back x2, Coaster step, Walk x2

1&2           Step R back bending R knee, and popping L knee fw, straighten legs, repeat bend/pop 03:00  
3&4           Step L back bending L knee, and popping R knee fw, straighten legs, repeat bend/pop 03:00  
5&6           Step R back, step L next to R, step R fw 03:00  
7-8            Walk L, walk R 03:00

## [25-32] Step ¼ R, Cross point, Slow sailor step, Sailor Step

1-2            Step L fw, turn ¼ R stepping onto R 06:00  
3-4            Cross L over R, point R to R side 06:00  
5-7            Cross R behind L, step L to L side, step R to R side 06:00  
8&1           Cross L behind R, step R to R side, step L to L side (count 1 is the first step of a jazz box)

**Restart here! The last step of your sailor step is the first step of your side rock 06:00**

## [33-40] Jazz box ¼ R, Cross rock, ¼ L, ½ L

2-3            Cross R over L, turn ¼ stepping L back 09:00  
4              Step R to R side 09:00  
5-6            Cross L over R, recover onto R 09:00  
7-8            Turn ¼ L stepping L fw, turn ½ L stepping R back 12:00

## [41-48] ¼ L slide, Ball cross shuffle, ¼ L, ½ L, Shuffle fw

1-2            Turn ¼ L stepping L to L side, slide R towards L 09:00  
&3&4         Step R next to L, cross L over R, step R slightly to R side, cross L over R 09:00  
5-6            Turn ¼ L stepping R back, turn ½ L stepping L fw 12:00  
7&8            Step R fw, step L next to R, step R fw 12:00

## [49-56] Kick and back rock, Walk x2, Repeat

1&2&         Kick L fw, step down on L, rock R back, recover onto L 12:00  
3-4            Walk fw R L 12:00  
5&6&         Kick R fw, step down on R, rock L back, recover onto R 12:00  
7-8            Walk fw L R 12:00

**[57-64] Step ¼ R, Cross, ¼ L, ½ L, Side Switches, Sailor step**

- 1-3 Step L fw, turn ¼ R stepping onto R, cross L over R 03:00  
4-5 Turn ¼ L, stepping R back, turn ½ L stepping L fw 06:00  
6&7 Point R to R side, Step R next to L, point L to L side 06:00  
8&1 Cross L behind R, step R to R side, step L to L side (count 1 is the beginning of the dance)  
06:00

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