

Move It Up

COPPER KNOB
STEPSHETS

拍数: 32 墙数: 2 级数: Easy Intermediate
编舞者: Esmeralda van de Pol (NL) - August 2013
音乐: Got to Give It Up - Marvin Gaye



Intro : 32 counts

WALK, WALK, SIDE ROCK, FWD STEP, 1/4 TURN R, COASTER STEP 1/4 TURN R, STEP FWD

1-2 step fwd on R, Step fwd on L
&3-4 rock R to R side, Recover on L, Step R fwd
5 1/4 turn R-step L to L side
6&7 1/4 turn R-step R back, Step L next to R, Step R fwd
8 step L fwd

1/4 TURN LEFT, DRAGG & CROSS, SIDE, STEP BACK, BUMP & WALK FWD

1-2 1/4 turn L-step R to R side, Dragg L next to R
&3-4 Step L next to R, Cross R over L, Step L to L side
5-6 Step back on R , touch L toe fwd and bump your hip fwd
&7-8 Step L next to R, step R fwd, step L fwd

PIVOT 1/4 TURN L, CROSS, SIDE, CROSS, 1/4 TURN R X2, & CROSS, SIDE

1-2 step R fwd, 1/4 turn L-weight on L
&3-4 cross R over L, step L to L side, cross R over L
5-6 1/4 turn R-step L back, 1/4 turn R-step R to R side
&7-8 Step L next to R, Cross R over L, Step L to L side

STEP BACK, BUMP & FWD ROCK, STEP BACK, BUMP & FWD ROCK

1-2 step R back, touch L toe fwd and bump your hip fwd
&3-4 step L next to R, Rock R fwd, Recover on L
5-6 step R back, touch L toe fwd and bump your hip fwd
&7-8 step L next to R, Rock R fwd, Recover on L

Have Fun!!
