

# Bim Bam - Rock'n Roll

**COPPER** KNOB  
STEPSHEETS

拍数: 32                      墙数: 4                      级数: Beginner  
编舞者: Beate Keller (DE) - August 2013  
音乐: Bim Bam - Sam Butera



**Start: 32 Counts intro - Sequence: 10x 32 Counts, 1x 20 Counts (Ending)**

**(1-8) STEP R DIAG FWD, HOLD, STEP BESIDE, HOLD, TWIST HEELS L-R-L-R**

1-2-3-4                      RF step right diag fwd (1:30) (1) – hold(2) - LF step beside RF (3) – hold(4)  
5-6-7-8                      RF and LF twist heels to L - R - L - R (weight at end on RF)

**(9-16) STEP L DIAG FWD, HOLD, STEP BESIDE, HOLD, TWIST HEELS L-R-L-R**

1-2-3-4                      LF 1/8 turn left and step left diag fwd (10.30) (1) – hold(2) – RF step beside LF(3) – hold(4)  
5-6-7-8                      RF and LF twist heels to L - R - L - R (weight at end on LF)

**(17-24) 1/8 TURN LEFT CHASSE RIGHT, TOUCH, CHASSE LEFT, TOUCH**

1-2-3-4                      RF 1/8 turn l and step side right - LF step next to RF - RF step side right - LF touch next to RF (9:00)  
5-6-7-8                      LF step side left - RF step next to LF - LF step side left – RF touch next to LF

**(25-32) STEP FWD, HOLD, ½ TURN LEFT, HOLD, STEP FWD, HOLD, ½ TURN LEFT, HOLD**

1-2-3-4                      RF step fwd(1) – hold(2) - ½ turn left, LF recover(3) – hold(4)  
5-6-7-8                      RF step fwd(5) – hold(6) - ½ turn left, LF recover(7) – hold(8) (9:00)

**Start again**

**Suggestion for Ending: you will be on the back wall.**

**(1-12) MONTY R, MONTY L, MONTY R**

1-2-3-4                      RF touch side right(1) – hold(2) – RF ½ turn right and step next to LF(3) – hold(4) (12:00)  
5-6-7-8                      LF touch side left(5) – hold(6) – LF ½ turn left and step next to RF(7) – hold(8) (6:00)  
1-2-3-4                      RF touch side right(1) – hold(2) – RF ½ turn right and step next to LF(3) – hold(4) (12:00)

**(1-8) ROCKING CHAIR 2X**

1-2-3-4                      LF rock step fwd(1) – RF recover(2) – LF rock back(3) – RF recover(4)  
5-6-7-8                      LF rock step fwd(5) – RF recover(6) – LF rock back(7) – RF recover(8)

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