

Seventeen Swing

拍数: 128 墙数: 4 级数: Improver

编舞者: Lena Jonestad - August 2013

音乐: Seventeen - Boyd Bennett & His Rockets : (Album: The Greatest '50s Rock N'roll Collection Ever)



There is a Part A, B, C and an Ending.

16 counts intro, Start on lyrics. - A(64), B(32), A(64), A(64), C(32), B(32), A(36), Ending

Part A - 64 counts

Section 1: JAZZBOX CROSS

- 1-2 Cross right over left, hold
- 3-4 Step left back, hold
- 5-6 Step right to right side, hold
- 7-8 Cross left over right, hold (12 o'clock)

Section 2: BOX FORWARD

- 1-2 Step right to right side, step left beside right
- 3-4 Step right forward, hold
- 5-6 Step left to left side, step right beside left
- 7-8 Step left back, hold (12 o'clock)

Section 3: SHUFFLE BACK, LEFT COASTER STEP

- 1-2 Step right back, step left beside right
- 3-4 Step right back, hold
- 5-6 Step left back, step right beside left
- 7-8 Step left forward, hold (12 o'clock)

Section 4: ROCKING CHAIR, STEP PIVOT ¼ LEFT

- 1-2 Rock right forward, recover
- 3-4 Rock right back, recover
- 5-6 Step right forward, turn ¼ left
- 7-8 Cross right over left, hold (9 o'clock)

Section 5: POINT TOUCH POINT, BEHIND SIDE CROSS

- 1-2 Point left to left side, touch left beside right
- 3-4 Point left to left side, hold
- 5-6 Step left behind right, step right to side
- 7-8 Cross left over right, hold (9 o'clock)

Section 6: POINT TOUCH POINT, BEHIND TURN FORWARD

- 1-2 Point right to right side, touch right beside left
- 3-4 Point right to right side, hold
- 5-6 Step right behind left, turn ¼ left
- 7-8 Step right forward, hold (6 o'clock)

Section 7: TOUCH KICK CROSS x 2

- 1-2 Touch left beside right, kick left forward
- 3-4 Cross left over right, hold
- 5-6 Touch right beside left, kick right forward
- 7-8 Cross right over left, hold (6 o'clock)

Section 8: SHUFFLE BACK, ½ TURN RIGHT ¼ TURN RIGHT

- 1-2 Step left back, step right beside left
- 3-4 Step left back, hold
- 5-6 Turn ½ right, hold
- 7-8 Turn ¼ right, hold (3 o'clock)

Part B - 32 counts

Section 1: STEP & BOUNCE RIGHT & LEFT FOOT

- 1-2 Step right at side and bounce foot
- 3-4 Bounce, hold
- 5-6 Step left at side and bounce foot
- 7-8 Bounce, hold (3 o'clock)

Section 2: SWIVEL, RECOVER, CHASSÉ

- 1-2 Swivel both heels to left, hold
- 3-4 Recover heels to centre, hold
- 5-6 Step right to right side, step left beside right
- 7-8 Step right to right side, hold (3 o'clock)

Section 3: SWIVEL, RECOVER, CHASSÉ

- 1-2 Swivel both heels to right, hold
- 3-4 Recover heels to centre, hold
- 5-6 Step left to left side, step right beside left
- 7-8 Step left to left side, hold (3 o'clock)

Section 4: ROCK BACK, KICK FORWARD & SIDE

- 1-2 Rock right back, recover
- 3-4 Kick right forward, step right down
- 5-6 Kick left forward, hold (with knee in the air)
- 7-8 Kick left to left side, step left back (3 o'clock)

(Bend your body forward to make it look more like Charleston steps and pendle with both arms)

Part C - 32 counts

Section 1: KICK TRAVELLING FORWARD x 4

- 1-2 Kick right forward, step right down
- 3-4 Kick left forward. step left down
- 5-6 Kick right forward, step right down
- 7-8 Kick left forward. step left down (9 o'clock)

(Let your arms pendle along with the kicks as you travelling forward)

Section 2: ¼ RIGHT MONTEREY x 4

- 1-2 Point right out to right side, turn ¼ right as you step right
- 3-4 Point left out to left side, step left beside right
- 5-6 Point right out to right side, turn ¼ right as you step right
- 7-8 Point left out to left side, step left beside right (3 o'clock)

Section 3: Repeat Section 1 (9 o'clock)

Section 4: Repeat Section 2 (3 o'clock)

Ending: Turn ½ sailor step left after count 4 section 5 and you're finished...tadaaa!!

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