

Captain Africa

COPPERKNOB
STEPSHEETS

拍数: 64 墙数: 4 级数: Improver
编舞者: Martie Papendorf (SA) - July 2013
音乐: Kaptein - Kurt Darren : (Album: Kaptein Se Platinum Treffers)



1 Restart and 1 Tag added 4x - which sounds like a lot but really easily heard in music.

Intro. : Start on main vocals after 32 counts [+/- 15 sec.]

#1: Diagonal fwd, Lock, Diagonal fwd, Lock, Fwd, Side ¼ right, Behind, Triple ¼ left

1,2 Step R to right diagonal, Lock L behind R,
3&4 Step R to right diagonal, Lock L behind R, Step R to right diagonal, [1.30]
5,6 Step L to left side making a ¼ turn right, Cross R behind L, [3.00]
7&8 Make a triple turn ¼ left stepping L, R, L [12.00]

#2: Heel, Hold, Step, Heel, Hold, Step, Heel, Step, Toe, Back ¼ right, Heel, Hold

1,2 Touch R heel fwd, Hold,
&3&4 Step R in place, Touch L heel fwd, Step L in place, Touch R heel fwd,
&5,6 Step/Jump R in place making a 1/8 turn left [10.30], Touch L toe behind R angling body to left
 diagonal [10.30], Hold,
&7,8 Step L back making a 1/8 plus ¼ turn right, Touch R heel fwd, Hold [3.00]

#3: Step, Cross, Side, Behind, Side, Cross, Side, Together, Cross shuffle

&1,2 Step R in place, Step L across R, Step R to right side,
3&4 Cross L behind R, Step R to right side, Step L across R,
5,6 Step R to right side, Step L next to R,
7&8 Step R across L, Step L to left side, Step R across L [3.00]

#4: Side, Together, Cross shuffle, Jump back, Step, Kick, Back, Lock

1,2 Step L to left side, Step R next to L,
3&4 Step L across R, Step R to right side, Step L across R,
&5,6 Step/Jump R back, Step L back, Kick R fwd,
7,8 Step R back, Lock L across R [3.00]

#5: R Back, Lock, Back lock back, L Back, Lock, Back lock back

1,2 Step R back, Lock L across R,
3&4 Step R back, Lock L across R, Step R back,
Restart here during wall 6 adding an "&" count by stepping L next to R: [Facing 12.00]
5,6 Step L back, Lock R across L,
7&8 Step L back, Lock R across L, Step L back [3.00]

#6: Rock, Recover, Cross, Step, Heel, Step, Cross, Side, Cross shuffle

1,2 Rock R to right side, Recover L to left side,
3&4 Step R across L, Step L to left side, Touch R heel to right diagonal,
&5,6 Step R in place, Step L across R, Step R to right side,
7&8 Step L across R, Step R to right side, Step L across R [3.00]

#7: Fwd, Paddle to square up, Fwd, Side ¼ left, Fwd, Side ¼ left, Cross, Side, Side

1,2 Step R fwd, Step L to left side to square up to 3.00,
3,4 Step R fwd, Step L to left side making a ¼ turn left, [12.00]
5,6 Step R fwd, Step L to left side making a ¼ turn left, [9.00]
7&8 Step R across L, Rock L to left side, Recover R to right side [9.00]

#8: Step, Point, Hold, Step, Point, Hold, Step, Heel, Step, Heel, Step, Scuff fwd back

&1,2 Step L in place, Point R to right side, Hold,
&3,4 Step R next to L, Point L to left side, Hold,
&5&6 Step L next to R, Touch R heel fwd, Step R next to L, Touch L heel fwd,
&7,8 Step L next to R, Scuff R fwd, Scuff R back [9.00]

Add Tag- End of walls 1, 3, 5, 7:-

Rocking chair, Side, Touch, Side, Touch

1,2 Rock R fwd, Recover back onto L,
3,4 Rock R back, Recover fwd onto L,
5,6 Step R to right side turning to face left diagonal , Touch L to R,
7,8 Step L to left side turning to face right diagonal, Touch R to L

Sequence:-

Wall 1 - 64 & tag [9.00]

Wall 2 - 64 [6.00]

Wall 3 - 64 & Tag [3.00]

Wall 4 - 64 [12.00]

Wall 5 - 64 & Tag [9.00]

Wall 6 - 36 Restart [12.00]

Wall 7 - 64 & Tag [9.00]

Optional ending: Adjust wall 8 to end facing 12.00:

1,2 Rock R across L, Recover L back making a ¼ turn right, [12.00]
3,4 Step R to right side, Touch L across R

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